

**WORTH PARISH***St Nicholas, Worth & St Barnabas, Pound Hill**Take your worries to the Lord in prayer.**Lighten your load.**Lay your burdens at the foot of the cross.***Sunday July 6th 2014****Third Sunday after Trinity***Welcome to our churches today.**If you have time afterwards, please stay for refreshments.**At the Distribution of Communion all are welcome to come to the altar rail to receive a blessing or, if baptised, the Communion.**Children are welcome at all our services, and there are soft toys and children's books at the back of the church for their use.***SERVICES TODAY**

08.00 Holy Communion (BCP)

at St Nicholas

*Celebrant & Preacher:* Revd Angela Martin

9.45 Sung Eucharist at St Nicholas

*Celebrant:* Revd Angela Martin*Preacher:-* Revd Steve Burston

10.00 Eucharist at St Barnabas

*Celebrant & Preacher:* Revd Gordon Parry

11.30 Nic's All-age service at St Nicholas

*Presiding:* Revd Angela Martin**Next week's Readings**

Isaiah 55. 10 - 13

Psalm 65. 8 - 13

Romans 8. 1 - 11

Matthew 13. 1 - 9, 18 - 23

**The Assistant Rector writes:-**

A few years ago it became popular to have something with the letters 'WWJD' on along with the revival of the sign of the Fish, rather than a cross. What was most interesting was that it had almost the same effect in today's terms as it had done centuries before. For the first 2 centuries Christians, as they had become known, were persecuted. It was a dangerous thing to be, a follower of Christ. The only safe way to find out if you were in the company of a fellow Christian would be to draw a fish in the sand. If the person with you understood this they might add an eye, if they didn't they would just think you were doodling and nothing more. When the sign of the fish returned people asked why? Why have 'they' suddenly started to use something different – well we weren't we were returning to our roots, and it was a great mission tool to have this question posed so that it could be discussed. The same with WWJD. What does that mean? For all who wore it, it became a reminder that before making a decision you need to ask the question 'What would Jesus Do?' Just as our cross reminds us of the price paid for our freedom. Today as we ponder on what this means afresh, what it is to follow in Christ's foot steps and to carry His yolk – to be just like Him – perhaps what we need to do this week is to revive again WWJD, keep this simple mantra close by and reflect on this – if Jesus were standing next to me now watching me and listening to me what would he think – would he be pleased with the decisions I'm making or disappointed? Would he be pleased with my actions towards others or disappointed? Am I a good follower of Christ?

With every blessing, Ange x

## **READINGS for the day.**

### **Collect:**

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### **FIRST READING**

#### **Zechariah 9. 9 - 12**

*A Reading from the Book of the Prophet Zechariah.*

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the warhorse from Jerusalem; and the battle-bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.



### **Psalm. 145.** 8 - 15

### **SECOND READING**

#### **Romans 7. 15 - 25a**

*A Reading from Paul's Letter to the Romans.*

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

### **GOSPEL**

#### **Matthew 11. 16 – 19, 25 - 30**

*A Reading from the Gospel according to Matthew.*

‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

“We played the flute for you, and you did not dance; we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

### **Post Communion**

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour.

**Amen.**



### **SERVICES during next week**

#### **St Nicholas**

**Mon – Fri** 07.30 Morning Prayer  
**Sat** 08.30 Morning Prayer

#### **St Barnabas**

**Mon – Sat** 17.00 Evening Prayer

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**Tues** 10.30 Eucharist - St Barnabas

**Thurs** 10.30 Eucharist – St Nicholas

**Sat** 12.00 Holy Matrimony – St Nicholas

14.00 Holy Matrimony – St Nicholas

### **Services next Sunday**

#### **Fourth Sunday after Trinity**

08.00 Holy Communion (BCP)

- St Nicholas

09.45 Sung Eucharist - St Nicholas

10.00 Eucharist - St Barnabas

12.00 Holy Baptism – St Nicholas



**Cast your burden on the Lord,  
and he will sustain you.**

**Lord we pray for all who carry heavy burdens; burdens of guilt, of abuse, of uncertainty, of expectations of themselves and others, of leadership, of fear, of illness & infirmity and of grief. Give us and them the strength to unburden ourselves as we bring all things that are troubling us to you, so that our burden may be lighter, knowing that we are not alone but that you are holding us in the palm of your hand.**

**Amen.**



## NOTICES

### Friday lunches in the Pastoral Centre.

Please purchase tickets by July 8th for **July 11th** (01293 883362)

Two courses plus tea/coffee **£5.50**

**Thank you to everyone** who helped to prepare for, served & cleared at and donated food for last Sunday's "Welcome" to Steve, Liz, Grace, Alice & Lily.

A wonderful time enjoyed by all.

A pottery dish was left behind, is it yours ?

**Tuesday July 8th 9.30am** in the Pastoral Centre a **Pastoral Centre volunteers Meeting** also for 'would - be - volunteers'.

**Thursday July 10th St Nicholas Julian Group** meets in the Chapel at 2.30pm. Everyone welcome.

**Saturday July 12th - Saturday Market** - 10.00am - 11.45am in the Pastoral Centre. There will be a 'Knit 'n' Natter' stall too, please support them. Everyone welcome. This is the last Market before September.

**Monday July 14th St Barnabas Julian Group** will meet at **11.00am** in the upstairs Meeting Room. Everyone welcome.

**Sunday July 20th** is the last day to order tickets for Crawley Operatics Society production of 'South Pacific' at the Hawth Theatre in October 2014. We have reserved some seats at £15 each (£12 under 16's) for the 7.30pm performance on Thursday October 16th. If you would like to join us on this evening please let Jan Brooks or Phyl Pennell have numbers and payment by July 20th. Tickets will be distributed in August / September.



## DIARY NOTES

**Sunday August 3rd 11.30am a "Buffet Lunch"** in St Barnabas Church Hall & Jubilee Garden to say 'Farewell & thank you' to Angela and her family.

Please advise the Parish Office if you wish to attend, for catering purposes on 03001118150 or [info@worthparish.org.uk](mailto:info@worthparish.org.uk).

**Saturday August 9th at 5.30pm at St Nicholas** ~ Do you have a "Significant" wedding anniversary this year? Want to renew or affirm your wedding vows? Come and join those married last year in a "thanksgiving for marriage" service. Reception at the Rectory afterwards. Contact clergy or the office for more details by July 17th.

**REMEMBER** – we recycle, for Charity, used postage stamps, printer cartridges and redundant mobile phones boxes at the Pastoral Centre and at the back of both churches - **ALL YEAR ROUND.**

## CONTACTS

### *Rector*

Canon Anthony Ball 01293 882229  
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### *Assistant Rector*

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### *Curate*

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### *Churchwardens*

Rosemary Cordan - 01342 842088  
Phyl Pennell - 01293 883362  
David Anderson - 01293 409914

### **PARISH OFFICE**

for enquiries about weddings, baptisms, hall bookings, etc.

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