



St Nicholas' Parish Church, Worth & St Barnabas' Church, Pound Hill



“I am the bread of life.”

**Sunday August 9th
Tenth Sunday after Trinity**

*Welcome to our churches today.
If you have time afterwards, please
stay for refreshments.*

*At the Distribution of Communion all
are welcome to come to the altar rail
to receive a blessing or, if baptised,
the Communion.*

*Children are welcome at all our
services, and there are soft toys and
children's books at the back of the
church for their use.*

SERVICES TODAY

08.00 Holy Communion (BCP)
at St Nicholas'
Celebrant & Preacher: Rev'd Gordon Parry
09.45 Sung Eucharist at St Nicholas'
Celebrant & Preacher: Canon Anthony Ball
10.00 Eucharist at St Barnabas'
Celebrant & Preacher Rev'd James Grant
12.00 Holy Baptism at St Nicholas'
Presiding: Canon Anthony Ball

Next week's Readings

Proverbs 9. 1 - 6
Psalm 34. 9 - 14
Ephesians 5. 15 - 20
John 6. 51 - 58

The Associate Vicar writes:

Part three of five and Mary Sumner. Today's gospel reading takes us further on John's bread theme. After the feeding of the 5000 and Jesus teaching his followers about heavenly bread this week's focus is on what it means when we gather round the table to share bread and wine.

Today we also remember Mary Sumner, founder of the Mother's Union, and give thanks for the work they do in our parish and the church as a whole. As we gather round the table as God's family we will also be giving thanks for the tireless work of the Mother's Union in holding together and strengthening families since 1876. We give particular thanks for the MU in our own parish and their ministry during our many baptism services, supporting the clergy as families prepare for the baptism and at the services themselves.

It is also a fitting start to the new schedule of services at St Barnabas. Building on the strong mark that Family Services have had on the life of St Barnabas we are introducing a new Family Eucharist this Sunday. From this month on we will have two services for all ages. On the 2nd Sunday of the month we will have a Family Eucharist. The Family service will move to the 4th Sunday of the month. With the addition of the Family Eucharist and the second Nic's service which started in June, there will now be a service in our parish every week suitable for young children. Hope you will join us for one or the other of them.

James

READINGS for the day.

Collect:

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

1 Kings 19. 4 – 8

A Reading from the First Book of Kings.

But Elijah himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

Psalm. 34. 1 - 8

SECOND READING

Ephesians 4. 25 – 5. v2.

A Reading from Paul's letter to the Ephesians.

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make

room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

GOSPEL

John 6. 35, 41 - 51

A Reading from the Gospel according to John

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned

from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Post Communion

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. **Amen.**

? Alpha Course ?

For new, old or 'would-be' Christians.

Starting - Tuesday September 22nd **7.30pm St Barnabas' Church Hall -**

'Is there more to life than this?'

If you want to take part email Steve (steve.burston@worthparish.org.uk) or phone the parish office....or could you help in serving the meal or setting up ?

Tuesday September 8th , 7.00 p.m.

A meeting for those who lead intercessions in church (existing members and new recruits) followed by refreshments. If you are interested in this ministry please speak to one of the clergy.

Peter & Crys Kefford send best wishes to all who remember them. Canon Anthony met them in Derby on Friday at the 150th anniversary celebrations of the Community of the Holy Name

SERVICES during next week

St Barnabas'

N.B. Mon. & Fri. only

08.30 Morning Prayer & Eucharist

N.B. Tues. only

08.30 Morning Prayer

St Nicholas'

N.B. Mon. Tues. Thrs. & Fri. only

17.00 Evening Prayer (BCP)

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**Tues.** 10.30 Eucharist - St Barnabas'

**Thurs.** 10.30 Eucharist - St Nicholas'

**Sat.** No Weddings.

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Services next Sunday

Eleventh Sunday after Trinity

08.00 Holy Communion (BCP)

- St Nicholas'

09.45 Sung Eucharist - St Nicholas'

10.00 Eucharist - St Barnabas'

12.00 Holy Baptism - St Nicholas'



August 9th - Mary Sumner Day

Today we remember Mary Sumner, the founder of the Mothers' Union, 139 years ago, and it is still going strong, in 83 countries around the world. Work in the M.U. is not just helping mothers to care for their children, they work in prisons, give holidays to the needy, run parenting courses, literacy programmes, Christmas cards to prisoners and presents to detainees and LOTS more, including having fun ! If you want to know more speak to one of the W & P.H. Branch Members.

Membership is for **all** who are Baptised, women, men, teenagers, married or single, young or old, clergy ! Why not come along to one of our Meetings ? Look for dates in the Parish Magazines or Pew Sheets.

NOTICES

Friday lunches 12.30pm in the Pastoral Centre - 2 courses plus tea / coffee - £5.50
Please purchase tickets by **Aug. 11th** for August 14th at the Centre or call 883362.

IMPORTANT - Monday August 10th St Barnabas' Julian Group –will not take place this month.

Monday Aug. 10th 7.30pm St Nicholas' -Public Meeting re proposed changes within part of the Conservation Area for a small housing development.

Wednesday August 19th 7.30pm at St Nicholas'. Refresher training for Lay Ministers of Communion. Please confirm attendance with the parish office.

Saturday August 22nd St Nicholas' Fete
12 noon – 4.00pm – refreshments, stalls, games & lots more. **Offers to help** on the stalls (1hr at a time) to St Nicholas' Church Committee or Parish Office, please. Also help required for setting up at 11.00am, clearing away at 4.00pm. Donations of Bottles for the 'Bottle Tombola' to Pam Newley. Second-hand books, raffle prizes and cakes please to one of the P.C.C., Church Committee or Siân Moulder (886160) or Elizabeth Whyman. Thank you.

Sunday August 23rd CURC Family Fun
Afternoon 12.00 – 4.00pm to celebrate completion of Phase One of their 'Regeneration Project'. BBQ, Bouncy Castle, Fire Engine, Train ride & entertainment – everyone welcome.

Saturday August 29th - A Date to Save !
5.30pm to 8pm Rev'd Steve, Liz and the girls would like to invite you to Maidenbower Vicarage for drinks and nibbles. All welcome.

DIARY NOTES

Saturday September 5th St Barnabas 60th Anniversary Tea 2.30 – 4.30pm.
Tickets £5.50 from Sheila Dring.

Saturday September 12th Ladies' Breakfast 8.30am at the Pastoral Centre – sign-up sheets in both churches now !

Saturday September 19th Men's Breakfast 8.30am at the Pastoral Centre – sign-up sheets in both churches now !

Wednesday September 30th Open Evening at Holy Trinity C of E school, Gossops Green 5.00 – 8.30pm. See posters for details.

Sunday October 4th – our Annual Pork Roast will follow the Parish Eucharist at St Barnabas'. Please keep this date free.

The Pastoral Centre Café is open every week **Tuesdays & Fridays** 10.30 -12noon & **Saturdays** 10.00am - 12noon. Come and join us for drinks, snacks and a chat.

CONTACTS

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Churchwardens

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PARISH OFFICE

for enquiries about
weddings, baptisms, hall bookings, etc.

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