



For everything
there is a season.

Ecclesiastes 3:1



THE CHURCH
OF ENGLAND

WORTH PARISH MAGAZINE

Serving Crawley in Worth, Pound Hill, Maidenbower and Forge Wood

£1.00 February – March 2018

ST BARNABAS', POUND HILL
ST NICHOLAS', WORTH

Reg. Charity No. 1131090

CLERGY SERVING THE PARISH

Rector	Fr. Michael Boag	01293 882229
Associate Vicar	<i>From 13 March Revd Sarah Upchurch</i>	01293 525018
Assistant Priests	Revd Canon Roger Brown	01293 520454
	Revd Gordon Parry	07802 432398

REGULAR SERVICES

Our regular services are shown below; a calendar at the back of this magazine details special services, groups and events happening throughout the next two months.

	St Nicholas', Worth	St Barnabas', Pound Hill
Sundays	08.00 Holy Communion (Book of Common Prayer, 1662) 10.00 Sung Eucharist (Common Worship)	10.00 1st, 2nd, and 3rd Sundays - Eucharist 10.00 4th Sundays Family Eucharist
Mondays		
Tuesdays		10.30 Eucharist
Wednesdays		15.00 Messy Church at St Barnabas' on 21 st February and 21 st March
Thursdays	10.30 Eucharist	
Fridays and Saturdays		

You can also join us at:

The Studio Maidenbower Infants School RH10 7RA	
7th February & 7th March (normally 2nd Wed of the month in term times changed in Feb and Mar)	15:15 Messy Church in Maidenbower

St Barnabas' Cafe RH10 7DY	
Mondays (term-times)	14.00-16.00 Pop in for a cake and a drink. Games also available.
Tuesdays, Fridays, Saturdays	10.30-12.00 Pop in for a cake and a drink
Thursdays	14.00-16.00 Knit and Natter -bring any crafts to do
Fridays	12.30 Lunches - prebook tickets (£6.50) by calling 01293 883362

Worth Parish Office, St Barnabas' Church, Worth Road, Crawley, RH10 7DY

☎ 0300 111 8150 ✉ office@worthparish.org.uk 🏠 worthparish.org 📘 facebook.com/WorthParish

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CONTACT US

If you have a Baptism, Wedding or general enquiry, please call the office on 0300 111 8150 or email office@worthparish.org

To contact Fr. Michael, please phone 01293 882229 Tuesday to Sunday or email him at rector@worthparish.org

Send articles, photos, information and jokes for the magazine to magazine@worthparish.org

You can also find up to date information here:

-  www.worthparish.org
-  facebook.com/WorthParish
-  twitter.com/worthparish

FROM THE RECTOR

How many of us will give things up for Lent, I wonder? Abstinence is a feature of the forty day fast that reminds us of Jesus' time in the wilderness (after his baptism by John), as recorded in Matthew 4.2, Mark 1. 13 and Luke 4. 2. Luke tells us Jesus 'ate nothing at all during those days, and when they were over, he was famished.' From early days, Christians have observed customs of having fasting days and/or of keeping to a vegan diet for Lent. Today, neuroscientists are exploring the benefits of intermittent fasting on our brains; such as the 5:2 diet, limiting ourselves to 500 calories on two (non-consecutive) days a week, while eating a healthy diet (2,000 calories for women or 2,500 for men) the rest of the week. Another strategy suggested is a time-restricted diet, taking in all your daily calories during one eight-hour period.

An approach to Lenten abstinence, popular not just among Christians or active churchgoers, has focused on giving up particular pleasures or luxuries such as alcohol and chocolate. Many give up chocolate during Lent and relish their Easter Day chocolate egg and gin and tonic, while admiring their improved waistline.

As a counter to what many think of as a rather shallow, even self-centred way of treating Lent - giving up chocolate or alcohol in order to reduce my weight - there has been encouragement to take things up instead; pray

more, study more, give more, be more active in good works. The early Church would thoroughly approve of increased devotion and activity - but not without the abstinence!

If the idea of giving up meat or chocolate or alcohol or caffeine or whatever, is not challenging enough, here's one that may well prove to be too daunting for many of us. How about an internet fast during Lent? No checking the news sites more than once day, switching off Facebook and Twitter for forty days in a row. And, if you're not on the internet, how about abstaining from television or radio for the duration? Generally allowing our minds and spirits to calm and quieten down. The over-stimulation and background noise in our lives is not a new phenomenon; Eulalia of Shaftesbury, a twelfth-century nun, used to say a 'psalter' of 150 Hail Marys every day, until one day our Lady appeared to her and told her to say only fifty - and to say them more slowly. How true it is that, like Eulalia, we would often benefit from such sound, sensible advice.



May the Lenten detox of body, mind and spirit bring you renewed and refreshed and ready to

celebrate the profound, powerful Paschal mysteries of Easter.

NEWS



OUR NEW ASSOCIATE VICAR COMETH.....

Sarah met her husband Colin on a parachute weekend twenty-three years ago; they married the following year and now have three sons: Tim (20), Matthew (18) and James (13). Colin and sons all play field hockey. Tim and James also play cricket. Sarah trained as a general nurse, later specialising in paediatric nursing, and worked as a ward manager.

Sarah responded to a call from God to train as a Priest and she was ordained as Deacon in 2012 and priested in 2013. She served her curacy at St. Peter's, Ardingly and

Fr. Michael

was then seconded back to her sending Church of the Ascension in Haywards Heath, where she was licensed as Associate Priest.

Not as adventurous as when she first met her husband, she now enjoys musical theatre, films and generally socialising! She is passionate about emotional wellbeing and seeks to share the love of God with people of all ages, endeavouring to create a relaxed and safe environment in which to get to know more about Jesus. Sarah's experience in children's ministry includes All-age services, Messy Church and the Ascension's equivalent: Funky Faith. Also, she has been commissioned as a Padre in the Army Cadet Force and has participated in training camps for young cadets aged 11-17 years.

Fr Michael adds: *What a joy and blessing it is for us to welcome Sarah and Colin and their sons to the parish. I am certain that the many valuable gifts and skills Sarah brings will greatly enrich us and I very much look forward to working with her. I wonder if the parish known for prayer and parties will also come to be known for musical theatre too!*



Book, Plant and Toy Sale

10.00 am - 11.45 am

Saturday 24 February

St. Barnabas Pastoral
Centre



Worth Road, Pound Hill,
Crawley, RH10 7DY

(in aid of St. Barnabas Fabric Fund,
current project - Hall refurbishment)

Refreshments available.
Free entry. All welcome.



Family Activities @ Chichester Cathedral

"FAMOUS FOLK"

Friday 16th February 2018
From 10am to 3pm

A fun filled family day to be held in Chichester Cathedral

Meet some of the Cathedral's famous characters. Play games and try crown making, weaving, sculpting and collaging

COME ALONG AND JOIN IN ALL THE FUN!

Cloisters café offer of a Kids Meal for £1.50 available with a valid voucher (Terms and Conditions apply)

CHICHESTER CATHEDRAL PASSPORT

£1.00 per child aged 3-12 years (Must be accompanied by an adult)

FOR FURTHER DETAILS CONTACT SUE ON 01243 812497 OR EMAIL sue.poll@chichestercathedral.org.uk

UPDATE ON OPERATION CHRISTMAS CHILD

THANK YOU FOR BRINGING GOOD NEWS AND GREAT JOY TO A CHILD LIVING IN ALBANIA!

As a result of the barcodes for the £5 per box donation towards transport, we have now been told that our shoebox gifts were 50 of 42,192 sent to Albania. Albania is currently one of the poorest countries in Europe. It has a population of 3 million, with 18% under the age of 15. I, for one, think I got as much pleasure out of making up my boxes as the children will have had in receiving them. It is also great to hear where our gifts went. We are planning to continue this good work this autumn, so why not get a shoe box (or two or three) now and look for something to add to them when you shop throughout the year.



Sue P

CHRISTMAS EVE - CRIB SERVICE AT ST NICHOLAS'

Once again the church was full of people young and old who came to see and hear the story of Jesus' birth and what it means to us as Christians; they were seated in the main body of the church, in both chapels, and behind the altar, with standing room only at the back and one or two adults in the gallery.



We had a lovely group of children who came to help us tell and enact the story, that wonderful story from so long ago that is still relevant today. The children were mustered from Messy Church, Nic's, ex Sunday School attendees and various local schools.

As you can see from the photographs below they really enjoyed being there with us and the whole story came together with the children singing: "Away in a Manger", unaccompanied and loud enough for all to hear – it was beautiful. Thank you one and all; yes, that includes the adult helpers without whom we could not have coped. *Joan Tick*



POSADA 2017

On Advent Sunday the POSADA [Travelling Crib] set off from St Barnabas' church to travel around the parish, visiting many homes, to bring the joy and peace of Christmas to those who welcomed it. We did not have as many Hosts this year so it meant that some families looked after the travellers for more than one night.

At the St Nicholas' Crib Service, on Christmas Eve, the travellers were welcomed into church, being brought to Fr. Michael by some of the young people attending. Each piece was placed on the altar and then Fr. Michael placed the 'baby Jesus' next to 'Mary' and blessed the travellers, who have since been placed on the pulpit and joined by the three Magi.

For those of you who have not yet experienced hosting the POSADA, it is something so simple yet so rewarding. The history of it goes back 400 years and across the world to Mexico in South America; two young people were chosen to dress up as Mary and Joseph, they would travel from house to house in their village, telling people about the imminent arrival of Jesus and asking the residents if they could give them a room, and this continues today! Posada is a Spanish word meaning 'inn' or 'lodging'. Our travelling crib is made of wood and was decorated by the street children in Guatemala.

When the hosts look after the travellers they write a short piece in a Travel Diary and below are some excerpts from the journey of 2017.

"We are reminded that even the smallest child can make a huge mark upon the world and can be the light that guides the way."

"It is the first time we have been to this house. We were looked after by two young children, Alfred & Ernest. Alfred liked playing with us."

"Alex [3 years old] was so excited to receive it (POSADA). When he knew it was coming he decided to dress up as a King {a part he is playing in

the Nativity} to welcome it to our house."

"We welcomed the POSADA mid-morning, it was nice to meet Lisa as we had not met before. Isaac was keen to 'play' with the POSADA. fortunately the family did manage a quiet night."

"My boys really enjoyed having the POSADA again this year."

"Our first visitation by the POSADA, it was lovely. It was shared with our three grandchildren, who were visiting from Scotland."

As you can see from these extracts, everyone really enjoys having the POSADA and it can be shared with people of all ages. It is lovely to know that grandparents can thrill at sharing it with their grandchildren. Perhaps it will be your turn in December 2018?

Joan Tick

CONGRATULATIONS

To Dan Shaw and Alice Riley who celebrated Christmas with a wedding!

And to Theo Robert Manville, Mason George Charlie Smith and Francesca Lily and Jacob Ryan Ellis who have all been baptised since the last mag.

WHAT'S HAPPENING IN THE PARISH?

PCC INFORMATION

In a meeting on 13 Dec, Father Michael was welcomed to his first PCC Meeting in our parish and invited to chair the meeting. The Treasurer reported charities for Christmas 2017 had been voted for and chosen.

The Mission Fund and the Bell Tower Fund accounts have been closed; the former is not needed, the latter can come under the Fabric or Quinquennial Funds. It is estimated that £20,000 will be required in the next 5 years for repairs to both churches so the present £21,000 in the Fabric Fund needs to be built up to £26,000 to allow for emergencies. Gerald reported that up to £3,000 is urgently required for tiling to prevent the present water ingress in the tower.

Parish Employment Contracts were discussed, including hours and holidays, as they are due for renewal. Max advised Data Protection and ICO Registration as recommended by the Diocese; this will be considered, as will Electronic Payment Systems as some banks are discontinuing cheques.

It is hoped to have a good attendance this year at the **APCM** to receive and discuss the Annual Report. Suzanne Stass was appointed as Independent Examiner.

The various committees made gave their separate reports as can be found elsewhere in this mag or the last. A new team is to be set up for Safeguarding.

Events Father Michael suggested a party to celebrate Prince Harry and Meghan's wedding.

Future Dates: 21st February 2018; Approval of Accounts; 21st March 2018 PCC Meeting; 18th April 2018 APCM.

THE CHILDREN'S SOCIETY

The Annual Box Holders' cash count for 2017 has realised £507.34 which, with Gift Aid where appropriate, has produced a grand total of £583.04. My thanks go to all our supporters who have been so very generous.

The time has now come for me to relinquish my role of Box Co-ordinator and sincerely hope that someone will come forward to continue this good work. Over the 19 years that I have worked with the Society our box holders have raised a total of almost £10,000!

My involvement with the Children's Society began when, with my late husband Tom, we adopted three lovely children who, now with seven grandchildren, make up our very happy family.

The work of the Society is now very much concerned with transforming young lives, helping thousands of children escape the devastating cycle of neglect, abuse and violence.

If you think that you could take on this worthwhile job (just once a year) please contact me on 01293 886473.



Brenda Booker

ST BARNABAS' REFURBISHMENT

Quotes for new flooring in the Hall, entrance Hall and Hall kitchen have been received from several local flooring companies. Applications for grants to help fund this work have been submitted to The Longley Trust, The Community Initiative Fund and Tesco Bags of Help. It is also hoped that an application will soon be submitted to The Gatwick Airport Community Trust. We may hear the results of one or two of these applications in March but one or two may take up to 6 months before they respond.

(The next St Barnabas Committee Meeting is on 28th February)

. Phyl Pennell January 2018

ST NICHOLAS' COMMITTEE

We have now had two committee meetings since the publication of our last magazine and I am delighted to tell you all that our meetings are a joy. The meetings are held in the warmth of a blazing log fire in the Red Room of the Rectory, followed by wine and nibbles and more wine for those of us within walking distance.



So what of the St Nicholas committee meeting then? Firstly I can tell you that they are well attended, well who wants' to miss out on a party? More seriously though, at the meeting on 29th November last year we finalised our Christmas services agenda, we were updated on our Quinquennial Inspection, our churchyard trees and, of course, our finances. At our last meeting, 17th January 2018, we reviewed our Christmas services and Fr Michael expressed his delight that they were all very well attended with the highlight for families being the 4pm Crib Service with an astonishing 328 people attending.

Fr Michael thanked everyone involved in the preparation of the services and he in turn was thanked by us all for making our Christmas services so meaningful and enjoyable. Those of you who attended the Epiphany will know that this 'Family Service' was also a great success, Crowns and all!

However, a main topic at our last meeting was our church heating and Tony Chamier gave a very detailed presentation to the committee. Tony is a highly qualified professional heating and ventilation engineer with his own company. One of his specialist skills is the heating of churches and other old buildings, using an internet controlled system, known as 'Ecobee'.

Tony, his wife Sally and their children have a long association with St Nicholas, going back to 1985. At that time our heating system collapsed. Two new gas boilers were installed and some radiators we replaced with fan convectors. Then there was The Fire of September 1986. The reparations included replacing the remaining radiators with fan convectors and in 1990 Sally and Tony donated a 'control system' which has been successfully working for some 28 years.

In September 2016 Tony and Sally most generously donated the new Ecobee, internet controlled system for St Nicholas and last year installed the same system for St Barnabas. We now have the kit to make conditions more comfortable in our churches whatever the weather. Thank you Tony and Sally for ensuring our church, although old, is not cold. Tony continues to advise us on our heating and a thorough maintenance program is to take place on 12th March.

We talked about Trees(!), more of that later, Easter and other services, see our calendar and, of course, the Licensing of Rev'd Sarah Louise Upchurch on 13th March. What a joy.

So why not put your names forward to join us on committee? Elections at the APCM on Wednesday 18th April. There's wine and nibbles to be had!

Colin Smith

THE TREES OF ST NICHOLAS'

By now you should all be aware that we need to look very seriously at the access problems we have at St Nicholas. The path leading from the Lych

1 Debris on the path



Gate to the West door is at a steep and uneven gradient. It is narrow between the trees which line it and at the lower end has a pinch point which is not only so narrow it

just about allows wheelchair access, but is breaking up, yet again, by tree root growth.

This path had deteriorated so badly that although we knew resurfacing would not last, it had to be done. In 2014, with the very generous donation from a distinguished and elderly member of our congregation, we did just that, but here we are three years later and once again it is not fit for purpose. Additionally, the

2 Debris in the churchyard



lighting along the path is failing and requires replacing and updating.

Access to St Nicholas, reputedly the oldest church in England with a full programme of regular weekly worship, must be made good, not only for our fit and able parishioners but for our increasingly elderly congregation and for all disabled and wheelchair users, whether belonging to our congregation or just visiting this iconic building.

So we have looked at our options, which sadly have become so limited that the only sensible option is to widen the path, reduce the gradient and to install good quality lighting and handrails along its length. This will enable safe and sound



3 Actual photo

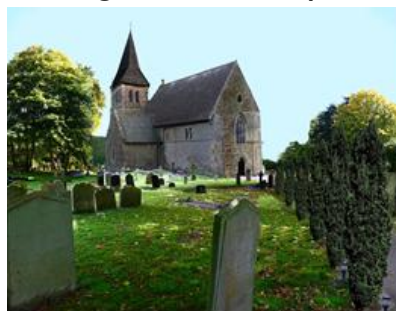
access to St Nicholas for all, regardless of age or disability.

Of necessity, our research has required a full and professional examination of the trees which line the route from the Lych Gate to the church. These comprise 3 x Turkey Oaks, 6 x over mature Lime Trees, 3 x young Lime Trees and one diseased mature Horse Chestnut Tree. The opinion of the professionals who have inspected the avenue, including an arborist from our Local Authority, is that in the main the trees have come towards the end of their natural life.

No one wants to see beautiful growing trees cut down, but there is a real need to provide safe access to our church for all. We know that following high winds and inclement weather, debris, some of it substantial, is found on and around the path.

We know that most of the trees are at the end of life and one is badly diseased.

Permissions of all sorts are required but our plan is to remove the trees, widen the path, lessen the gradient, install good quality lighting and hand rails and replant at strategic locations, possibly along the path,



new trees to adorn this beautiful part of Worth for another 100 years.

Colin & Gerald

4 Photoshopped impression

BELL RINGERS' AGM - TOWER CAPTAIN'S REPORT 2017

This year's report continues to be better attended Worth although on Choral Evensongs, Christmas Eve (in day), for the Ash largely imported itself. Thursday work commitments practices because two others because Maundy Thursday Dinner (at the are our best We rang for all 27 outside help on 13 where we also give Monday night Fifteen quarter bands. Eight of in the church to the centenary of project will Choral Evensongs, already mentioned. Sue's mother at an have been 99 on December for the have done this, so it is becoming a bit of a tradition.



Once again, thank you for supporting ringing at Worth.

is very much a repeat of last year's. Average attendance around eight from our nominal 13 ringers with Sundays being than practices. We rang for all 51 Sunday morning services at three occasions we only had 5 ringers. We also rang for two Christmas Day, the Crib Service and Midnight Mass on addition to the normal Sunday morning service ringing on that Wednesday service and Fr Michael's licensing, albeit with a band as many of our own ringers were involved in the service practices continue to be a struggle, not least because of illness, and babysitting duties, to the extent that we had to cancel five of there being insufficient ringers available and had to abandon we had only 3 or 4 ringers attending. We don't ring on and other practice nights were taken up by the AGM, the Hillside again) and our Christmas Social. In fact, social events attended events!

weddings (up on last year) and three funerals, albeit with occasions. We also rang for the wedding preparation days, a talk to the couples attending. We also hosted a couple of District practices at Worth.

peals were rung on the bells, three of which were by visiting these were dedicated to those remembered on the memorial those who fell in the Great War and were rung on or near to their deaths, with a commentary in the weekly pew slips. This continue into 2018. Quarter peals were also rung for the two for Ash Wednesday and for Fr Michael's licensing, which I have We also finally managed to ring the quarter peal purchased by Auction of Promises in memory of her husband, who would the date it was rung. A quarter peal was also rung on 31 passing of the year. This is the 20th consecutive year that we

Neil Dobson, Tower Captain, January 2018

HARVEST GIFTS AND THE EASTER TEAM

Due to an unfortunate oversight, it was stated in the last (Oct/Nov) edition of the Parish Magazine that all the Harvest Gifts were donated to Crawley Open House. In fact, the many gifts of food and supplies, from the whole parish, were split 50/50 between **Crawley Open House** and **The Easter Team**, as has been the case for over twenty-four years now!

Just to give you all an update, the wonderful work of The Easter Team – a Crawley based Christian Charity ("Christian Caring in Crisis") carries on throughout the year, not just at Eastertide or Harvest or even Christmas, but 52 weeks a year. They regularly give out over 1,000 food parcels annually to people in Crawley and the surrounding areas. Every week, parcels are packed from the produce that they have been given and, in addition, they also provide hot meals at St Barnabas' Church on Saturday lunchtimes for the needy and lonely.

It would be greatly appreciated, therefore, if you would kindly continue, or even start, to bring in your tins and packets of food (NOT out of date – please) week by week and place them in the bright blue M.U. (Mothers' Union) boxes which are located at the back of St Nicholas', Worth Church and in the Pastoral Centre at St Barnabas' respectively, to enable this valuable work to continue. Thank you very much

Malcolm Booker / Joan Tick

THE CHRISTIAN SEVENS

No, it's not a rugby tournament. I thought it would be interesting to think how often the number '7' occurs in our Christian belief and practice and allow you to quiz yourself on your spiritual knowledge.

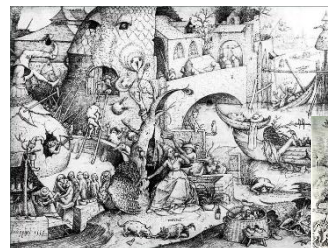
Even from Old Testament times '7' was regarded as a holy number. There are seven days in creation, seven spirits before the throne of God, seven days in the week, seven divisions in the Lord's Prayer and seven ages in the life of humans. The three great Jewish feasts lasted seven days. We have seven candlesticks, seven stars, seven trumpets, seven horns, and the Lamb has seven eyes. In his dream, Pharaoh saw seven cattle and seven ears of corn. Samson's hair was braided in seven locks and Wisdom's House has seven pillars. You will find plenty of other examples in your Bible reading.

The number '7' may not be arbitrary since the psychologist George A Miller in 1956 demonstrated that the span of human memory is "the magic number 7 (plus or minus 2)". That is, if you are presented with a series of single digits (at one per second) then the average number that people can then recall is seven, and the range is between 5 and 9. If you are more intelligent then you are likely to recall more. A list of seven items is likely to be one that you can remember.

Below I have listed some of the 'Sevens' that are important to us as Christians. I had thought of making it a quiz, but frankly that seems too difficult, but if you want to test yourself then stop after each heading and try to list the seven items. Good luck! We will start with an easy one:

Seven Deadly Sins

1	Pride	5	Gluttony
2	Wrath	6	Avarice
3	Envy	7	Sloth
4	Lust		



Pieter Bruegel the Elder



And to go with these, we have **Seven Virtues**

1	Faith	5	Justice
2	Hope	6	Fortitude
3	Charity	7	Temperance
4	Prudence		

Seven Sacraments, often seen around mediaeval fonts, especially in East Anglia



1	Baptism	5	Extreme Unction
2	Confirmation	6	Ordination
3	Eucharist	7	Matrimony
4	Absolution		

Pierre Montallier

St Mary's Great Witchingham

Corporal Acts (or Works) of Mercy, again common in mediaeval paintings

1	Feeding the hungry	5	Visiting the sick
2	Giving drink to the thirsty	6	Ministering to prisoners
3	Clothing the naked	7	Burying the dead
4	Harbouring the stranger		



With which go **Seven Spiritual Acts of Mercy**

1	Converting the sinner	5	Bearing wrongs patiently
2	Instructing the ignorant	6	Forgiving injuries

- | | | | |
|---|--------------------------|---|-------------------------------------|
| 3 | Counselling the doubtful | 7 | Praying for the living and the dead |
| 4 | Comforting the sorrowful | | |

If you feel this is getting a bit tough, here is another easier one:
The **Seven Words from the Cross**. You'll need a Bible here.

- | | | | |
|---|---------------|---|------------|
| 1 | Luke 23:24 | 5 | John 19:25 |
| 2 | Luke 23:43 | 6 | John 19:30 |
| 3 | John 19:26-27 | 7 | Luke 23:46 |



Bernard van Orly

4 Matthew 27:46; Mark 15:34

And naturally following, the **Seven Sorrows of the Blessed Virgin Mary**

- | | | | |
|---|--|---|--------------------------|
| 1 | Prophecy of Simeon | 5 | At the foot of the Cross |
| 2 | Flight into Egypt | 6 | Deposition |
| 3 | Loss of the Holy Child on the way to Calvary | 7 | Burial of Jesus |
| 4 | Meeting or alternatively | 4 | The Betrayal |
| | | 7 | Ascension |



But there are also **Seven Joys of the Blessed Virgin Mary**

- | | | | |
|---|-----------------------|---|----------------------------------|
| 1 | Annunciation | 5 | Presentation in the Temple |
| 2 | The Visitation | 6 | Finding Christ among the Doctors |
| 3 | Nativity | 7 | Assumption |
| 4 | Adoration of the Magi | | |

3Christ Church Cathedral, Dublin

And to conclude some slightly more obscure lists:
Seven Gifts of the Holy Ghost (see Isaiah 11:2)

- | | | | |
|---|---------------|---|------------------|
| 1 | Wisdom | 5 | Knowledge |
| 2 | Understanding | 6 | Piety |
| 3 | Counsel | 7 | Fear of the Lord |
| 4 | Fortitude | | |



The Seven Churches in Asia Minor (see Letter of St John and Rev 1-3)

- | | | | |
|---|----------|---|--------------|
| 1 | Ephesus | 5 | Sardis |
| 2 | Smyrna | 6 | Philadelphia |
| 3 | Pergamum | 7 | Laodicea |
| | | 4 | Thyatira |

Leaf from The Book of Hours



and **Seven**

Penitential Psalms

- | | | | |
|---|----------|---|-----------|
| 1 | Psalm 38 | 5 | Psalm 102 |
| 2 | Psalm 51 | 6 | Psalm 130 |
| 3 | | 7 | Psalm 143 |
| 4 | | | |

Well, how did you do? If you knew all of these I would be VERY impressed!

These lists may seem a bit mediaeval but, actually, I think that many of them can be useful reminders, or check-lists, of our attempts to lead a Christian life, or a focus for meditation or self-reflection.

Come, Holy Ghost, our souls inspire,
And lighten with celestial fire.
Thou the anointing Spirit art,
Who dost thy seven-fold gifts impart.

Church Mouse

HOW DO WE PRAY?

It was reported in the *Observer* of 14th January that, according to a survey of 2000 adults, commissioned by the Christian agency Tearfund, just over half of all adults in the UK pray and one in five do so despite saying they are not religious. (One man, who claims to be at the “sceptical end of agnosticism” and who “certainly wouldn’t classify myself as religious”, even kneels by his bed at night to recite the Lord’s prayer before asking for his loved ones to be safe and well followed by “a fuzzy moment about me”).



The survey found that, of those who do pray, a third do so in a place of worship and a third before going to sleep or on waking, but significant numbers do so while doing household chores or cooking (20%), travelling (15%) or during exercise or other leisure pursuits (12%).

This reflects our busy lives, of course, but the article showed an encouraging attitude to prayer with four in ten of those who pray saying prayer changes the world.

Sadly for Tearfund, however, praying for global issues such as poverty or disaster comes down the list of subjects prayed for (24%) with family, understandably, topping the poll (71%) but, hearteningly, thanking God (42%) was up there with prayers for healing (40%).

So how do *you* pray?

Obviously, we relish worshipping together whether quietly and contemplatively at 8am Holy Communion, noisily and busily at Messy Church, in joyous praise at our 10 am services and choral evensong, or less formally in our family services.

If, however, in Chichester’s Year of Prayer, you would like to set aside 45 minutes a month to share with others in silent contemplation or an hour a month to share with others in prayers for parish concerns, then you may like to consider joining a Julian Group or The Parish Prayer Group.

The Julian Groups were set up for Christian contemplative prayer and meditation. We have two groups, each of about half a dozen or more, which meet monthly: one at St Barnabas on the second Monday of the month at 11am and the other at St Nicholas on the second Thursday of the month at 2.30pm.

Each meeting begins with one of the participants leading the group, with appropriate readings and/or prayers, into a period silence of about 15-25 minutes. After the silent contemplation a concluding prayer and/or grace is said. Those who attend feel revived, refreshed and reinvigorated for the busy and demanding world, finding it an oasis of shared peace – especially the person who comes during her lunch hour from work!

The Parish Prayer Group also meets once a month, at a date suitable for most of the 8 or so participants, alternating between St Nicholas Church (2.30pm) and The Pastoral Centre (7.30pm).

The group’s prime aim is to pray for parish concerns although, inevitably, this often includes the well-being of individuals.

Typically this past year,

we have brought before God our need for:

- his will to be done in drawing and appointing clergy to our two churches
- strength, stamina, discernment and guidance for the PCC and particularly for the churchwardens and deputy churchwardens
- support and leadership for Messy Church/Nics and our outreach to families
- tolerance, trust, forgiveness and love within and beyond our congregations
- continued fellowship and discipleship through church activities, organisations and Home Groups
- the outreach and service to the community of the Pastoral Centre and all the volunteers who enable this
- our outreach to those being married and baptized
- the upkeep of our two church buildings and grounds

and given thanks and praise for:

- the outstanding work of the churchwardens, deputy churchwardens and volunteers during the interregnum
- the gift of our two wonderful church buildings
- the huge support of Gordon Parry and visiting clergy
- the appointment of Father Michael and the Reverend Sarah Upchurch.

Each meeting begins with sharing the concerns of the parish before a time of prayer where individuals will pray aloud or silently as they feel appropriate. The vocal prayers are informal and interspersed with moments of quiet and at the end grace is said together.

Advance notice of Julian Group and Parish Prayer Group meetings are printed in the pew sheet and newcomers are always invited and welcome.

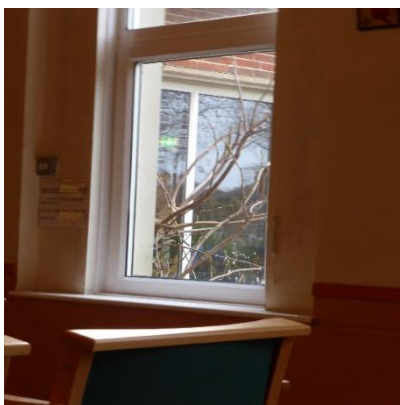
I was reminded at the last Parish Prayer Group of Tennyson's words: "**More things are wrought by prayer than this world dreams of.**" So, however you *do* pray, keep up the good work!

Linda Eells

VIEW FROM THE PEW

The Gospel for the second Sunday in Advent (Luke 21. 25-33) mentions the Fig Tree; I was sitting in my seat at Saint Barnabas listening to this and looking out at a Fig tree. I like to sit in a seat where I can see the Fig and also a Bay tree. The Gospel set me thinking once again about this small garden. I have always thought the plants were put there for a reason.

So on that Sunday I decided to ask Myrtle Taylor about it. "Oh yes " she said " it was planted by a member of the church called Fiona. They are all plants mentioned in the Bible". I thought that this was a real "View from the Pew" and set about writing this article. These are the plants I have found:-



The **Fig Tree** is mentioned several times in the Bible both in the Old and New Testaments. (Deuteronomy 8:8)

The **Myrtle** is mentioned twice (Isaiah 41:19 and Isaiah 55:13)

The **Olive Tree** is mentioned many times. Olives we know grew in the Garden of

Gethsemane on the Mount of Olives (Matthew 26:36)

Stuart and I were privileged to visit the Garden of Gethsemane in 1999 and sit amidst the olive grove and contemplate its history.

The **Bay** and the **Rosemary** are herbs and at one time **Horseradish** also grew in the plot. These remind us of the Bitter Herbs of the Passover meal. (Exodus 12:7) **Rosemary** also stands for Remembrance.

The **Vine**. Jesus refers to himself as the "True Vine" (John 15:1) I remember a preacher at our previous church bringing a piece of vine and draping it over the pulpit to illustrate his sermon on this quotation. The word **Vine** is also used figuratively of Israel (Hosea 10:1) Lastly we come to the **Passion Flower** whose stamens are said to represent the nails of the Cross. The one at Saint Barnabas frequently gets itself tangled in the **Myrtle**. If you are passing Saint Barnabas and have never noticed these plants take a look. There are more Bible references than I have mentioned and maybe I've missed a plant or two.

Mary Sharpe



THE PARISH PURSE

It doesn't seem like a year ago that I was preparing my first set of accounts since becoming Treasurer in October 2016. The time has come round again to provide the Statement of Financial accounts for 2017. That is the boring bit that comes at the end of the Annual Report, is a legal requirement for the Charities Commission and which not many people read. The Report is signed by the Independent Examiner, which sounds like another boring job. We are very grateful to Suzanne Stass for agreeing to take it on.

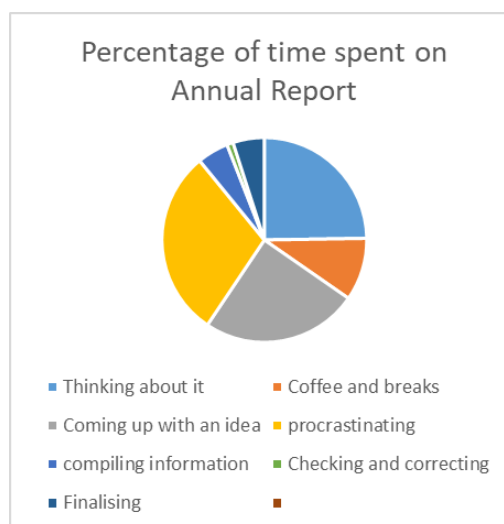


The first half of the Annual Report is far more exciting. It was something I was very involved in last year during the interregnum. I was delighted that for the first time it included colour (my claim to fame is that "I brought colour to the Annual Report")! For 2017 I am only concerned with the Finance part of the report. Michael has rallied people from each group to supply the input and Elizabeth will be collating and "mediarizing" our work. This year I decided that I would include some pie charts in my piece, maybe breaking down the areas of expense we have like "Outreach", "Mission", and "Building"; and the income into "Donations", "Life Events", and "Rentals" with the hope of making it more readable.

The pressure is on to finish the accounts and particularly to see how the year has turned out (have we spent more than we earned?). As I write this article the results are on a knife-edge. There was some last-minute work done at the end of the year - great for reducing expenditure in 2018, not so good for 2017. There are a few odd numbers to sort out. This is nail-biting stuff. But to all the people who make more work for the finance team of Joyce, Sheila and myself by increasing the money you give to us I say "Thank you, and please don't stop". The money you donate is all well spent, and I hope you will take the time to read the Annual Report and appreciate that this is the case.

One final, random thought, which came to me as I wrote this. Accounting people are a strange lot. I was working in an office recently where three accountants were talking about the financial year. Because of the work each was doing, one related what they were doing to 2016, one to 2017 and one to 2018. Max

Percentage of time spent on Annual Report	
Thinking about it	25.00
Coffee and breaks	10.00
Coming up with an idea	25.00
Procrastinating	30.00
Compiling information	5.00
Checking and correcting	1.00
Finalising	5.00
Grand Total	101.00



SATURDAY MARKETS

3 March and 7 April 10-11.45

Refreshments

Books

Toys

Admission free

Clothing

Homemade produce

St Barnabas' Church Pound Hill RH10 7DY

ST NICHOLAS CIRCLE

The St Nicholas Circle met at the beginning of December to kick off Christmas with our Cheese and Wine meeting. As I write Christmas is officially over and it seemed like a long time ago, but we had a grand time of it with much discussion, laughter and review of 2017. The wine flowed freely and so did the raffle prizes which raised our subs for the "hire" of the Pastoral Centre. Unfortunately, we missed the challenge of how quickly we could do the raffle draw, a record of sub-12 minutes set in the heat of the summer raffle in 2016. I plead with the honourable and dishonourable members of the Circle to accept their raffle prizes so we can reach those heady heights once more!



In January there was a magnificent talk from Sue and Max Perry on their trip to Brazil. They spoke with eloquence, supported by a skilfully created powerpoint of film and pictures, which told the story of their trip to the Iguazu Falls, Pantanal, Amazon and Rio. Everyone enjoyed it and commended the talk for its humour and the easy banter between Sue and her husband. As an aside the St Nicholas Circle is currently looking for a new author to write up their meetings for the Parish Magazine, perhaps a writer with a little less bias!

In February (1st) we are having a relaxed table-top quiz. Any competitive spirit (as well as alcohol is strictly banned). As ever, the evening starts at 8p.m with doors opening from 7.30p.m.

In March our very own Gordon Parry will be talking about his day job (yes, he has another job, not just our Priest!). Gordon will be talking about his work encouraging the roles of Chaplaincy in Schools.

Max

WORTH BOOK CLUB

Goodness, a year already! Worth Book Club has met and discussed, laughed and sighed, over many literary works.

We have read a really eclectic assortment of writings from the pens some of the world's best authors, from *Cider with Rosie* by Laurie Lee to *My Favourite Wife* by Tony Parsons; Booker Prize winners and Nobel Prize winners, some of whom have surprised us.

We meet on the last Monday of each month at 19.00 and for about an hour we discuss the merits of the book we have read the previous month. It is often the case that we all agree on the worth of each book, but we have had some very diverse views and comments. Also, we have found that we are reading material we would not normally have looked at previously and have surprised ourselves with our enjoyment of it.

The best part of the evening is getting together and talking, chatting about something that is a pleasure to do, with no stress, no strings and it's free. It offers you an opportunity to relax, not only reading the book but an hour talking about it. Feel free to come along and join us; we would love more members.



of



FROM THE ORDINAND'S DOG



Happy New Year! I hope you all had a good Christmas with lots of fun. I certainly had lots and lots of fun especially on Boxing Day. You see it is now a family tradition for the whole family to gather on Boxing Day to open presents and as you can see from the photo I really like to get involved! Especially as I know that there's usually a present for me in there somewhere! I hope you like my new bone! After the present-

opening and in the absence of any snow (which is usually the case) we have a 'gentle' snowball fight using balled up wrapping paper instead! What joy!!! Sadly, unlike snow the balls don't melt themselves away so it's all hands-on deck to clear

up. I do try to help really, it's not my fault that everything seems to take longer when I'm around. Now to news of the Ordinand. Her first module on Biblical Studies is now completed. The mission project with Sanderstead parish is ongoing (I always try to make sure she knows what church she is supposed to be at each Sunday), and the module on Church History has just begun. News just in ... the singing 'assessment' went much better this time (Thank you Ann). The first time (and second time) were a different story!

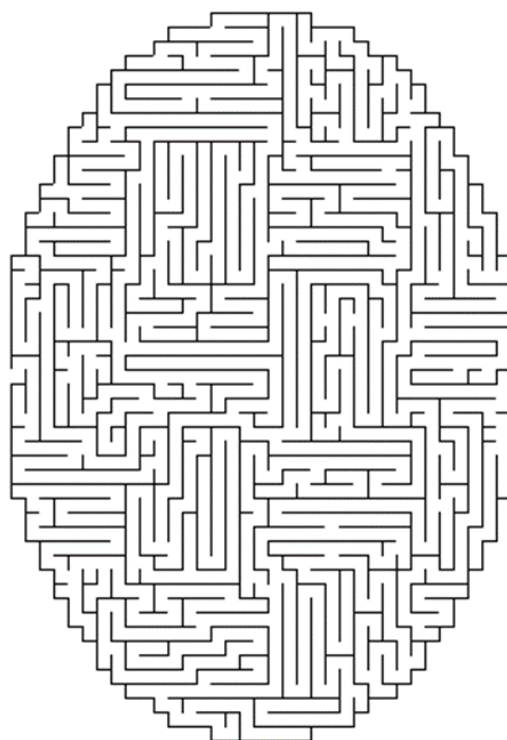
Must go, just seen a squirrel in MY garden that needs seeing off!

Shadow the Ordinand's Dog

MESSY EASTER

WHY DOES EASTER MOVE ABOUT ?

It can be very confusing; the date of Easter seems different each year. In fact, Easter occurs within a period of 35 days (between March 22 and April 25). Why? Easter occurs on the first Sunday after the first full moon of spring on the Jewish calendar (so, after March 21). That's unless the first full moon occurs on a Sunday, then it's the next Sunday. Confusing, isn't it? There is a way of calculating the date doing some quite complicated sums and using a table of Golden Numbers, but it is now much easier to use the internet or your smartphone! Orthodox Christians still use the old Julian calendar to calculate Easter and so have a different date for Easter based on full moons 13 days behind our own. We switched to the Gregorian calendar in 1753. So you don't miss your Easter eggs, Easter Sunday in the UK falls on April 1 this year – I am not joking!



WHY NOT MAKE BEAUTIFUL EGGS

A traditional Easter egg is just a decorated hen's egg. Eggs made out of chocolate are quite a new idea. You might think that a jolly good idea! But why not make some traditional eggs as gifts to share the joy and good news of Easter? The traditional way to get a special effect is to wrap the eggs in onion skins and then boil them, or else add some slices of beetroot to the boiling water. Providing the eggs are not going to be eaten you can then use paint or felt tip pens, and maybe stick on small beads or sequins. Be creative and add anything to make the egg look special. Or you could Google How to Blow an Egg – scramble and eat what you blow out and then decorate the shell as above - It makes a lovely Easter gift.

MESSY CHURCH MAIDENBOWER

What fun we have on the second Wednesday (usually) of every month at Maidenbower Infant School. Across the year we plan a number of themes and a great variety of craft. Sometimes the topics follow the celebrations of the Church

year and at other times we favoured Bible story and life for the children; so have covered Harvest and as well as looking at the angle of the angels; and have explored Daniel and painted, stuck, folded, cut, built, and drawn; we have used paper, pegs, paint, inks, felt tips, pencils, pens, feathers, pipe-doolies amongst many other have made cards, puppets, pictures, ornaments, things to However,

pick a recently we Remembrance Christmas from storywise we Samuel. We have coloured, printed card, paper plates, crayons, cleaners, and things; we masks, mobiles and play with. perhaps the

table that most children will remember is the regular feature of 'the edible craft'; we have made faces out of pancakes, decorated star shaped biscuits and made angels out of marshmallows amongst many others. You'd be amazed at the variety of ways we can decorate a biscuit or a cake!

Of course all this wouldn't be possible without our happy band of volunteers who decide what we are doing, prepare the various elements, set up and man the tables. Whilst a suitable

game is played – inside if wet, outside if dry - all parents and helpers tidy up; many hands make light work. Whoever you are, whatever your age – why not come and join us?



Sue P

ST. BARNABAS

Messy Church at St Barnabas was started in September 2012 by Revd. Angela Martin with Joan Tick, Mary Fry, Mary and Stuart Sharpe and Jacky Hemsley as helpers. Initially the children were mostly under three years old and numbers were low but the seed had been sown.



When Revd. Angela left, Revd. Steve and Liz Burston became the

leaders. Over time Messy Church grew in numbers and more school-aged children came along. In June 2015 Maidenbower Messy Church was started in Maidenbower School.

At St Barnabas since September 2017 we have been welcoming 11 to 16 families with between 20 and 26 children, sometimes more.

We meet in the hall, sessions running from 3 pm to 4.30 pm usually on the 4th Wednesday of the month depending on school term dates. Our banner is always hanging outside St Barnabas well in advance.



Helpers, usually at least seven, arrive from 2 pm to set up for welcome refreshments, registration, and crafts.

The families arrive from 3 pm, mostly from Pound Hill School and Milton Mount School although some pre-school children also attend. They are welcomed with a cup of tea or juice and a biscuit. Four crafts are available, usually including an edible one which is very popular. Crafts are linked to the theme for the day, mostly based on the Church's year or topics such as Bible Roads or Bible Heroes. Younger children can play with Lego and other toys while parents and carers can enjoy a cup of tea or join in the crafts with the children.

At about 3.50 pm the crafts cease and the families transfer to the Church or the Narthex with a member of the clergy and helpers for a story, song and prayer linked to the topic.

Meanwhile helpers set up the tea in the hall. Tea consists of



fresh vegetable sticks, cheese, chicken nuggets, sausages, sandwiches, cakes and a drink. At about 4.30 pm the families leave taking their crafts home and the helpers start clearing up.

Needless to say there is much planning and organisation attached to all of this. We rely heavily on our clergy for support with the worship element of the afternoon. The Messy Teams meet regularly to evaluate our work and to plan the sessions. Team members take responsibility for communications, publicity, registration and record keeping, planning and resourcing craft activities, catering, setting up and tidying up. Most importantly we all aim to offer a friendly welcome and listening ear in the name of Jesus.

During the Interregnum from September 2016 to October 2017 Messy was run by teams of parishioners with support for worship from the Rural Dean, Revd. Canon Julia Peaty, and Claire Clarke (now with the Lighthouse Project). Since October we have welcomed Fr. Michael Boag and look forward to the arrival of the Revd. Sarah Upchurch.



Janet Hewardine

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WHERE ARE THEY NOW?

TUNING IN ... FROM THE WORTH OUTPOST IN DORSET

Has it really been almost seven years since we uprooted ourselves from Worth for our big project down in Dorset? When Sue P asked if I would write a few lines about our venture I wondered where to start.

We took on the challenge of a very dilapidated 70's house which needed a complete refurbishment and we would admit we may have been a bit over enthusiastic with time frames and budget.

As is often the case with these things we soon discovered the project was larger than we had anticipated (for instance, the house was the only one in the street which had opted not to go onto mains drainage and the incoming water pipe was inadequate for the house supply). For the first six months our main residence was in the local caravan holiday park which gave the whole venture a sense of unreality! We literally had no services, no staircase and, for a while, no back wall!! I'll never forget Sue Perry popping by on one of her trips to her mother (who lives just a few miles away in the next village) just a few months after we started, bravely stepping over broken floorboards and hanging wires and being extremely supportive!

Seven years on we are almost finished – my project over the past twelve months has been to convert the outside building site into a garden: I am looking forward to next year when hopefully everything will have grown a bit more and ever grateful to cuttings to fill the gaps in my new flower beds, but I have ongoing battles with a regular visitor who loves eating all - the new growth and flower heads.

Our time here has been defined by the school years: we moved just in time for Charlie to start her new secondary school in Bournemouth in Year 7 and this year is taking A levels and a move away to University, just as Dom starts his run up to GCSEs. So, as we reflect on our progress refurbishing our (new?) home here, we have to accept that it may be complete by the time they both leave home!



Living just outside Ringwood, we are on the edge of the New Forest, 20 minutes from the beach in Bournemouth and very close to Richard's family. It is a beautiful part of the country and one which I would recommend to anyone looking to move this way.

But our hearts are very much still at Worth; with Catherine and Jon settling back in Crawley and thanks to Alex kindly allowing me to return to sing with Worth Choir for the special services, we are back as often as we can be and I love the opportunity to stay in touch with old friends and events. So, you see, we do consider this just a Worth outpost; we'll always be 'checking in' back at our spiritual home, and look forward to welcoming any of you who venture this way – positioned just two hours from Crawley we are the perfect pit stop on the way down to Devon and there is always a cup of tea on offer!

The Sidaway Family

Bradley Whitford

Infuse your life with action. Don't wait for it to happen. Make it happen. Make your own future. Make your own hope. Make your own love. And whatever your beliefs, honour your creator, not by passively waiting for grace to come down from upon high, but by doing what you can to make grace happen... yourself, right now, right down here on Earth.

CAN YOU POUR A CUPPA?



Providing a community café is a wonderful way to meet new friends and serve not just members of the church but the community as a whole.

I volunteer in the café at St Barnabas' serving tea, coffee and cakes, which has meant not only that I get to interact with, and count as friends, various new people, but that I feel I'm making a difference to peoples' lives.

You may have your own ideas of how we can make the centre a welcoming destination for more people. Or you may just like to turn up and have a go – everyone can pour a cuppa or have a chat!

You can choose which dates suit you and if something comes up, it's easy to swap.

If you'd like to try your hand serving in the café, (just for 2 hours a month), then do email us on office@worthparish.org

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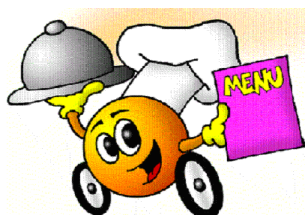


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Pound Hill, RH10 7EB

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Main course, dessert, tea/coffee



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Easter - Holy Week CALENDAR

If you are travelling far, we recommend that you check dates and times either on the calendar on our website or with the office.

When?		What?	Where?
Sun 25 March	10am	Palm Sunday Procession of Palms & Eucharist	St Barnabas'
	10am	Palm Sunday Procession of Palms & Sung Eucharist	St Nicholas'
Mon 26 March	10.30 am	Holy Week – Monday Eucharist	St Nicholas'
Tues 27 March	10.30am	Holy Week – Tuesday Eucharist	St Barnabas'
Wed 28 March	10.30am	Holy Week – Wed Eucharist	St Nicholas'
Thurs 29 March	10.30am	Holy Week – Thurs Eucharist	St Nicholas'
Maundy Thursday Thurs 29 March	7.00pm	Eucharist, foot washing and Passover Supper, followed by the Watch	St Barnabas'
	8.00pm	Eucharist and foot washing followed by the Watch	St Nicholas'
Good Friday Fri 30 March	10.30am	Walk of Witness	Starting at Crawley URC
	2pm	Good Friday Liturgy,	St Nicholas'
Saturday 31 Mar	3.30pm	Building the Easter Garden – Family time	St Nicholas'
	8.00pm	Holy Saturday, Easter Vigil,	St Nicholas'
Easter Day Sun 1 Apr	TBC	Dawn Service	Milton Mount Lake
	8.00am	BCP	St Nicholas'
	10.00am 10.00am	Child-Friendly Eucharist Child-Friendly Eucharist	St Barnabas' St Nicholas'

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Administrator (Parish)
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Altar Servers (St Nicholas')
Baptisms, Weddings and Funerals
Bellringers
Bookings (Hall, Meeting Rooms, Café, Church)
Buildings and Facilities
Children's Society
Choirs (Worth Church and Festival)
Church Cleaning (St Barnabas')
Church Cleaning (St Nicholas')
Churchwardens (St Barnabas')
Churchwardens (St Nicholas')
Events
Families, Youth and Children's Work
Fellowship Activities
Flower Arranging (St Barnabas')
Flower Arranging (St Nicholas')
Friends of St Nicholas'
Giving (Donations etc)
Julian Group (St Barnabas')
Julian Group (St Nicholas')
Knit and Natter
Magazine
Messy Church
Mothers' Union
Office (Parish) (manned or ansaphone 24/7)
Office at St Barnabas' (not currently manned)
PCC Chair
PCC Electoral Roll Officer
PCC Committee Chairs
Faith - Growth in Christ
Hope - Re-imagining Ministry
Love - Seeking the Common Good
St Nicholas'
St Barnabas'
Standing Committee
PCC Treasurer
Prayer Group
Safeguarding Officers
Social Media
Stewardship Officer (St Barnabas')
St Nicholas Circle
Toddlers (Tues/Thurs am)
Website
Weddings

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FEBRUARY-MARCH CALENDAR

If you are travelling far, we recommend that you check dates and times either on the calendar on our website or with the office.

When?		What?	Where?
Tues 6 February	11.00am	Home Communion,	Lanehurst Gardens
Wed 7 February	3.15pm	Messy Church,	Maidenbower Infants School
Thurs 8 February	2.30pm	Julian Group,	St Nicholas'
Mon 12 February	11.00am	Julian Group	St Barnabas'
Wed 14 February	10.30am 8pm	Ash Wednesday Eucharist with Imposition of Ashes,	St Barnabas' St Nicholas'
Wed 14 February	2.30pm	Pastoral Assistants' Tea	St Barnabas'
Sat 17 February	1.00pm 2.00pm	Lenten soup lunch Lent course	St Barnabas' St Barnabas'
Wed 21 February	3.00pm	Messy Church,	St Barnabas'
Wed 21 February	7.30pm	PCC Meeting,	St Barnabas'
Thurs 22 February	7.30pm	MU Eucharist + AGM	St Barnabas'
Sat 24 February	10.00am 1.00pm 2.00pm	Book, Plant & Toy Sale Lenten soup lunch Lent course	St Barnabas' St Barnabas' St Barnabas'
Mon 26 February	10.00am	MU Wave of Prayer	St Barnabas'
Thurs 1 March	8.00pm	St Nicholas Circle	St Barnabas'
Sat 3 March	10.00am	Saturday Market,	St Barnabas'
Sat 3 March	1.00pm 2.00pm	Lenten soup lunch Lent course	St Barnabas' St Barnabas'
Wed 7 March	3.15pm	Messy Church,	Maidenbower Infants School
Thurs 8 March	2.30pm	Julian Group	St Nicholas'
Sat 10 March	1.00pm 2.00pm	Lenten soup lunch Lent course	St Barnabas' St Barnabas'
Mon 12 March	11.00am	Julian Group	St Barnabas'
Tues 13 Mar	7.30pm	Licensing of The Reverend Sarah Upchurch	St Barnabas'
Wed 14 March	2.30pm	Pastoral Assistants' Tea	St Barnabas'
Sat 17 March	1.00pm 2.00pm	Lenten soup lunch Lent course	St Barnabas' St Barnabas'
Wed 21 March	3.00pm	Messy Church,	St Barnabas'
Wed 21 March	7.30pm	PCC Meeting	St Barnabas'
Thurs 22 March	7.30pm	MU DVD evening & Compline	St Barnabas'
Sat 24 March	09.30am	Jumble Sale	St Barnabas'
Palm Sunday & Holy Week		See Page 25	
Easter Sunday		New Mag Due!	

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— Jeffrey Fry

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