



YEAR OF PRAYER 2018

WORTH PARISH

Serving Crawley in Worth, Pound Hill, Maidenbower and Forge Wood



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12 Aug
2018

Trinity 11



Welcome to our services at
St Barnabas' in Pound Hill &
St Nicholas' in Worth

This sheet details the readings in today's services as well as notices for everyone. **Please do take it home and share it.**

There are soft toys and books available for children.

At Communion, everyone is welcome to come up and receive a blessing or, if baptised, share the bread and wine. If you are here for the first time, please introduce yourselves. After the 10.00 service on Sunday please join us for refreshments.

SERVICES TODAY

Please send pew sheet notices to
pewsheets@worthparish.org.uk or
phone 0300 111 8150

It is a condition of almost all living things that they need nourishment to survive and flourish. We readily understand this in relation to the food and drink we consume and there is much research and discussion, of varying quality, about the relationship between food and its impact upon our wellbeing. Metaphors about food and drink and their significance to us abound in art, literature and religion.

Christ was concerned about our spiritual nourishment and about our capacity to recognise that it requires us to be connected with God, his Father. Christ was trying to create human understanding of our need to access spiritual food and drink through belief in him. Such divine sustenance has the power to connect us to the eternal, to the life everlasting; that is the ultimate promise God makes to us, if we are only able to believe implicitly in him.

Our spiritual life is, then, about divine nourishment and the means of receiving this effectively. Christ gives us plenty of examples through his preaching and his total ministry on earth. These examples include attitudes to prayer – supremely the gift to us of The Lord's Prayer; examples of appropriate ethical behaviour - the Sermon on the Mount; and many parables about the need for forgiveness, for unconditional love and for a sense of what is important in life on this earth.

When we gather in the holy places of our Parish, St Barnabas and St Nicholas, we have an opportunity to renew our connections with the God who nourishes us; who, through all our trials and tribulations as well as our successes and joys, is ever present in the highs and lows of our lives and who promises a final and eternal life of joy with him.

Revd Gordon

Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen

First Reading

1 Kings 19.4-8

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree.



He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

Psalm 4.1-8

O taste and see that the Lord is good: blessed is the man that trusteth in Him.

PSALMS 34:8

Second Reading

Ephesians 4.25-5.2



So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Gospel

John 6.35,41-51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of

And Jesus said unto them, I am the Bread of Life he that cometh to me shall never hunger.
John 6:35

Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"? Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Agnes Day appears with the permission of www.agnesday.org

Post - Communion

Lord of all mercy, we your faithful people have celebrated that one true sacrifice which takes away our sins and brings pardon and peace: by our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. Amen

SERVICES THIS WEEK

Tues 14	10.30 Eucharist + Refreshments after	St Barnabas'
Thur 16 Aug	10.30 Healing Eucharist + Refreshments after	St Nicholas'
Sat 18	14.00 Blessing	St Nicholas'
Sun 19 Aug	08.00 Holy Communion 10.00 Eucharist 10.00 Eucharist 11.45 Baptism	St Nicholas' St Barnabas' St Nicholas' St Nicholas'

**Sunday 19 Aug 2018,
Trinity 12**

Proverbs 9.1-6 Psalm 34.9-14
Ephesians 5.15-20 John 6.51-58

AT FIRST I WAS
DISGUSTED
BY JESUS' TALK
OF EATING HIS
FLESH.



AND
NOW?



WELL NOW
I FIGURE
YOU ARE
WHAT
YOU EAT.



NOT BAD,
TED.
NOT BAD.



©AGNES DAY 2018

We are looking for someone who is either proficient at Calligraphy or has a good decorative script and is willing to volunteer for a small "writing" task once or twice a year. If this is YOU please contact Joan Tick on 01293 884695 or email to tickjoan@gmail.com. Thank you.

Advance Notice the St Nicholas Circle is changing its day from October onwards. After consultation with its members earlier this year it was agreed to move the Circle from the first Thursday of the month to the first Wednesday to allow those who have commitments on Thursdays to join in if they wish.

DIARY NOTES & NOTICES

Mondays – During Aug the PC will be open on 13th and 20th from 14.00 – 16.00. Closed on Bank holiday Monday

Tuesdays - Forget-me-Not Café in the PC. Dementia-friendly café, lunches & refreshments 12.30 to 14.30

Friday Lunch in the Pastoral Centre, 2 courses and tea/coffee for £6.50. All welcome. To help with catering, please order tickets by **15 Aug for 17 Aug** at the Pastoral Centre or by calling 0300 111 8150.

Julian Group 11.00 Monday 13 Aug at St Barnabas. Old & New friends welcome!

Parish Bring & Share Lunch / BBQ

Sunday 19 Aug 18 @ 12.00 noon on the Rectory Lawn. Book it on your calendar – details to follow! **Watch this space!**

Tuesday August 21st another exciting **Fun Day at Chichester Cathedral 10.00 - 3.00pm** Crazy Colours, £2.50 per child (3 - 12 years) accompanied by an adult, a prize when you complete the Trail. Lunches available in the Cloisters Cafe, child's meal £1.50 with a voucher collect on arrival and a soft toy area for under 3s.

Prayer Group

The next Parish Prayer Group will be at **7.30pm on Wed 22nd August** at St Barnabas. Please feel free to join us even if you've never been before



Men's Breakfast Sat 29 Sept. 08.00

Full English Breakfast on offer to any of the men in the parish (Ladies' turn on 13 Oct) Prompt start as the MU will be holding a Coffee morning that day, so you will be able to walk round the block and move seamlessly from breakfast to elevenses. Sign-up sheets soon in the churches



Age UK West Sussex, Crawley

Join us for a classic film, whilst having a tasty cream tea

Summer /Autumn Programme

Friday 17th August

The Lady Killers

Friday 14th September

Breakfast At Tiffany's

Time: 2– 5pm (film starts at 2.30pm)

Cost: Members of Age uk: £5 an individual, £6 for a couple of friends coming together. Non members + £2 .

Includes: film with tea or coffee and cream & jam scone .

Venue: Age Uk Crawley Centre. 1 Town Barn Road, West Green. RH11 7XG. Book your seat on 01293 544144 or email

bunty.dann@ageukwestsussex.org.uk



CONTACTS

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Vicar at St Barnabas

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Assistant Priest

Revd Gordon Parry 07802 432398

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Worth Parish Office

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