

**19 Aug  
2018**

**Trinity 12**

Welcome to our services at  
St Barnabas' in Pound Hill &  
St Nicholas' in Worth

This sheet details the readings in today's services as well as notices for everyone. **Please do take it home and share it.**

There are soft toys and books available for children.

At Communion, everyone is welcome to come up and receive a blessing or, if baptised, share the bread and wine. If you are here for the first time, please introduce yourselves. After the 10.00 service on Sunday please join us for refreshments.

## SERVICES TODAY

08.00 Holy Communion St Nicholas'  
Celebrant & Preacher: Revd Gordon Parry

10.00 Eucharist St Nicholas'  
Celebrant & Preacher: Fr Michael Boag

10.00 Eucharist & Baptism St Barnabas'  
Celebrant & Preacher: Revd Sarah Upchurch

11.45 Baptism Revd Sarah Upchurch

Please send pew sheet notices to  
[pewsheet@worthparish.org.uk](mailto:pewsheet@worthparish.org.uk) or  
phone 0300 111 8150

The rain that eventually came was more than welcome. All living things need water to survive. The same is true for our spiritual health.

I read recently some words written by Origen, one of the early Christian teachers in about 200 AD, which seem appropriate for all of us. I quote: "Each of our souls contains a well of living water. Within it is buried the image of God. But this well becomes blocked with so much earth and rubbish that we need to dig it out and let streams of living water flow freely."

This spring of living water is within us as Jesus reminded us when he said: "The Kingdom of God is within you". This is also made clear in the parable about the woman who lost a silver coin and swept her house until she found it. The coin was not outside her house but within it. By the light of the Holy Spirit we too can find our silver coin within us. We are made in the Image of God. No matter how much junk and rubbish is blocking the Divine Presence, the Image of God is always within us. That is why regular self-examination is so important. Don't let your failings and faults get you down. Own up to them. It is through forgiveness that we can clear away the junk and make a new start.

No doubt all of us will have to go on making new starts. That is the way things are in our journey towards God. As the New Testament says "Persevere in prayer with your mind awake and a thankful heart".

*Fr Roger*

## Collect

Almighty and everlasting God,  
you are always more ready to hear  
than we to pray and to give more than  
either we desire or deserve: pour  
down upon us the abundance of your  
mercy, forgiving us those things of  
which our conscience is afraid and  
giving us those good things which we  
are not worthy to ask but through the  
merits and mediation of Jesus Christ  
your Son our Lord, who is alive and  
reigns with you, in the unity of the  
Holy Spirit, one God, now and for  
ever. **Amen**

## First Reading

*Proverbs 9.1-6*

Wisdom has built her house,  
she has hewn her seven pillars.  
She has slaughtered her animals, she  
has mixed her wine,  
she has also set her table.  
She has sent out her servant-girls, she  
calls  
from the highest places in the town,  
‘You that are simple, turn in here!’  
To those without sense she says,  
‘Come, eat of my bread  
and drink of the wine I have mixed.  
Lay aside immaturity, and live,  
and walk in the way of insight.’



## Psalm 34.9-14



## Second Reading

*Ephesians 5.15-20*

Be careful then how you live, not as  
unwise people but as wise, making the  
most of the time, because the days are  
evil. So do not be foolish, but  
understand what the will of the Lord  
is. Do not get drunk with wine, for that  
is debauchery; but be filled with the  
Spirit, as you sing psalms and hymns  
and spiritual songs among yourselves,  
singing and making melody to the Lord  
in your hearts, giving thanks to God  
the Father at all times and for  
everything in the name of our Lord  
Jesus Christ.



We are looking for someone who is  
either proficient at Calligraphy or has a  
good decorative script and is willing to  
volunteer for a small “writing” task once  
or twice a year. If this is YOU please  
contact Joan Tick on 01293 884695, email  
to [tickjoan@gmail.com](mailto:tickjoan@gmail.com). Thank you.

## Prayer Group

The next Parish Prayer Group will be at **7.30pm**  
**on Wed 22nd August** at St Barnabas.

Please feel free to join us even if you've never been before



## Gospel

John 6.51-58



I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

## Post - Communion

God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen**

### SERVICES THIS WEEK

Tues 21	10.30 Eucharist + Refreshments after	St Barnabas'
Thur 23	10.30 Eucharist + Refreshments after	St Nicholas'
Sat 25	14.00 Wedding	St Nicholas'
Sun 26 Aug	08.00 Holy Communion	St Nicholas'
	10.00 Child - friendly Eucharist	St Barnabas'
	10.00 Eucharist	St Nicholas'
	11.45 Baptism	St Nicholas'

### Sunday 26 Aug 2018, Trinity 13

Joshua 24.1-2a, 14-18 Psalm 34.15-22  
Ephesians 6.10-20 John 6.56-69

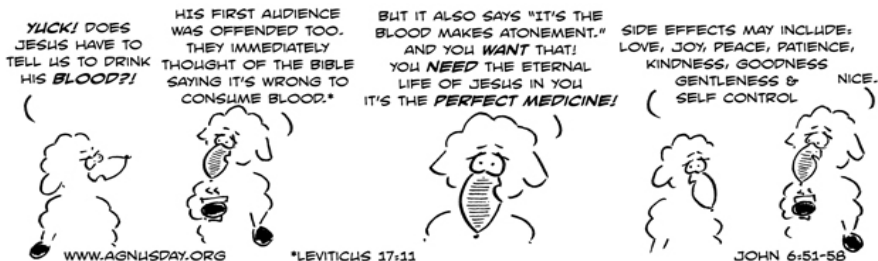
### August 100 Club

£100	Val Rudd	No 13
£50	Bill Puttick	No 17
£25	Viv Tillyer	No 21
£25	Cecil Henman	No 11

You have to be in it to win it – or so the saying goes. Want to join? Please speak to Sheila Dring or call the office on 0300 111 8150. Family and Friends are welcome too

### Parish Bring & Share Lunch / BBQ Sunday 19 Aug 18 Postponed

Agnus Day appears with the permission of [www.agnusday.org](http://www.agnusday.org)



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## DIARY NOTES & NOTICES

**Mondays – During Aug** the PC will be open on 20<sup>th</sup> from 14.00 – 16.00. Closed on Bank holiday Monday

**Tuesdays - Forget-me-Not Café** in the PC. Dementia-friendly café, lunches & refreshments 12.30 to 14.30

**Friday Lunch** in the Pastoral Centre, 2 courses and tea/coffee for £6.50. All welcome. To help with catering, please order tickets by **22 Aug for 24 Aug** at the Pastoral Centre or by calling 0300 111 8150.

**Tuesday August 21st** another exciting **Fun Day at Chichester Cathedral 10.00 - 3.00pm** Crazy Colours, £2.50 per child (3 - 12 years) accompanied by an adult, a prize when you complete the Trail. Lunches available in the Cloisters Cafe, child's meal £1.50 with a voucher collect on arrival and a soft toy area for under 3s.

### Men's Breakfast Sat 29 Sept. 08.00

Full English Breakfast on offer to any of the men in the parish (Ladies' turn on 13 Oct) Prompt start as the MU will be holding a Coffee morning that day, so you will be able to walk round the block and move seamlessly from breakfast to elevenses. Sign-up sheets in the churches from 2 Sep



### Pastoral Centre Café

Everyone agrees that we have a wonderful facility here at St Barnabas and many say that they would like to see it open more often. We would too!

However, we need to get the hours it is open manned regularly first. Even when we aren't busy H&S requires that we have two people there at a time - Have you got a spare 2hrs every 4/6 weeks?

**'A vision without a plan is a dream. A plan without vision is a chore...but a vision with a plan can change the world'**

We have a vision & a plan – be part of it!

Call Phyl on 883362 or 0300 111 8150

### Age UK West Sussex, Crawley

Join us for a classic film, whilst having a tasty cream tea

*Summer /Autumn Programme*

**Friday 14th Sep** Breakfast at Tiffany's

**Friday 19th October**

There's No Business Like Show business

**Friday 16th Nov** Some Like it Hot

**Time:** 2– 5pm (film starts at 2.30pm)

**Cost:** Members of Age uk: £5 an individual, £6 for a couple of friends coming together. Non-members + £2

**Includes:** film with tea or coffee and cream & jam scone.

**Venue:** Age Uk Crawley Centre. 1 Town Barn Road, West Green. RH11 7XG. Book your seat on 01293 544144 or email [buntyn.dann@ageukwestsussex.org.uk](mailto:buntyn.dann@ageukwestsussex.org.uk)



## CONTACTS

### The Rector

Fr Michael Boag 01293 882229  
[rector@worthparish.org](mailto:rector@worthparish.org) (Tues-Sun)

### Vicar at St Barnabas

Rev'd Sarah Upchurch 01293 524804  
[vicarstb@worthparish.org](mailto:vicarstb@worthparish.org) (Tues-Sun)

### Assistant Priest

Rev'd Gordon Parry 07802 432398

### Churchwardens

Sheila Dring (St B) 01293 513496  
Phyl Pennell (St B) 01293 883362  
Gerald Sandwell (St N) 01293 883388  
Colin Smith (St N) 01293 889894

### Worth Parish Office

Sue Perry 0300 111 8150  
[office@worthparish.org](mailto:office@worthparish.org)