

For God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

JOHN 3.16

WORTH PARISH Magazine

£1.00 October - November 2022

ST BARNABAS', POUND HILL ST NICHOLAS', WORTH Reg. Charity No. 1131090

CLERGY SERVING THE PARISH

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Assistant Priest	Fr Francis Pole	francis.pole@virgin.net	07764 752608
Curate	Revd Greta	curate@worthparish.org	

REGULAR SERVICES

Our regular services are shown below.

	St Nicholas', Worth	St Barnabas', Pound Hill		
Sundays	08.00 (from 30 Oct 08.15) Holy Communion (BCP, 1662) 10.00 Sung Eucharist	10.00 Ist, 2nd and 3rd Sundays - Eucharist10.00 4th Sundays Child-Friendly Eucharist		
Tuesdays		10.30 Eucharist		
Thursdays	10.30 Eucharist			

And here's what's happening in the café each week:

St Barnabas' Café RH107DY				
Wednesdays	Wednesdays 10.00 - 14.00 Coffee Shop			
Thursdays	ys 14.00 – 16.00 Knit 'n Natter			
Fridays	10.30 - 12.30 Coffee Shop			
12.30 - 14.00 Friday Lunch Club (Please book - see P17)				
Saturdays	10.00 - 13.00ish	Coffee Shop		

CONTACT US



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Clergy

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Office

If you have a Baptism, Wedding or general enquiry, please call the office on 0300 111 8150 or email office@worthparish.org

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CONTENTS

CLERGY SERVING THE PARISH	2
REGULAR SERVICES	2
CONTACT US	2
A note from your Ed	4
PARISH ROUNDUP	6
Mothers' Union	6
St Nicholas' Circle	7
St Barnabas' Churchwarden Update	8
St Nicholas' Churchwarden Update	9
Jigsaw Puzzle Festival 2022	11
PCC Meeting	12
Choral Evensong	13
Singing and Ringing 23 June 2022	13
Christmas Cake Recipe	15
Worth Church Bellringers and Operation London Bridge	16
Bats??	17
Prize Wordsearch	18
Friday Lunches	19
Liturgical Colours	21
Wandering Gauls: the Galatians	22
Chapel Talks	23
#trendingchurch	25
Pound Hill Toddlers	25
Sunday School	25
Hunt the Mag	25
Shadow's Blog	26
Messy Church	26
the hangout	27
Holy Baptism	28
USEFUL NUMBERS	28
OCTOBER- NOVEMBER CALENDAR	30

Content is anything that adds value to a reader's life

A note from your Ed

We have celebrated, and now we are bereaved of, the life of our beloved Queen. Many tributes from young and old, from people from all walks of life and from countries far and wide have been said and written in our churches this year. We all knew what the end would be, but we all hoped that it would not be so soon and yet surely this was God's way of rewarding our sovereign for her steadfast faith and stalwart service. I was born less than 6 months after she came to the throne so I have known no other, but I, like the rest of us, now say God Save the King.



Life in the Perry household is busier than ever (see P 7), I also have a Parish Quiz to finish (see Page 14), so without further ado I encourage you to read all the articles – they are all worth reading, otherwise I wouldn't have included them!

Enjoy! Sue x

The Rector's Requiem to our beloved Queen

Thousands of words have been written, or spoken, already this week, thousands of images published or privately shared, all striving to distill and express what has happened. A few moments spent watching the live feed from Westminster Hall sums it up better than most, that is to say, apart from the sharp tap of the officer's sword on the stone step and the distinctive sound of soldiers' boots on the platform on which the catafalque is stood, the pervading sense is that of silence.

After adjusting to the surreal sight of the Royal Regalia laid out on open display, dazzling to the eye, of the Royal Standard not seen, as we are used to seeing it, proudly flying over palace or castle but humbly draped in repose, we can perhaps start to find common ground with our own experiences of mourning.

Hundreds of little tea lights have been lit during these last few days, in this church alone. However many hundreds, thousands more are burning around the country, around the world? And as we see in Westminster Hall, so in the Abbey, in St George's Chapel, just as we do when we receive a coffin in church, we surround it with light. A simple little coffin, at the heart of it all, surrounded by light and silence.

Silence and Light

Bishop Ruth talked about light last Sunday. **Light** that comes from a source, as well as reflected light; the sun and the stars that generate light, the moon and the planets that reflect it. She pointed out that although a candle or a lamp may cast a shadow, light itself casts no shadow. And made the theological metaphor about Jesus, our Light, who lights our way. He who is without shadow, who has entered death's dark realm and burst its prison chains.

We use candles in church to symbolise, joy, resurrection life, prayer, the presence of the divine. In the presence of light, darkness flees. Light brings comfort and hope. With light to guide, we can see the path ahead. In the first letter of John, we read 'this is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all... if we walk in the light as he himself is in the light, we have fellowship with one another.' And earlier in John's writings about Jesus, he says 'in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it.'

Light from the great Easter candle, the Paschal candle, the Resurrection candle, is shared with the newly baptised and confirmed, to remind them they now have a part in the death and resurrection of Jesus. Not mourning his death and feeling his loss but feeling his presence, his life and his love. We light it at funerals for the same reason, to place ourselves and our loved ones in Resurrection light; the light of the real and actual triumph over death.

Silence

For some, merely a gap between words, a pause between sounds, a chance to take a breath. But silence is there when the noise stops, not just in-between. It can be unnerving even frightening, which, perhaps isn't so surprising when we realise how rare it is in this noise-filled world we live in. **Silence** is there when there are no words to speak, no songs to sing. Prayer begins and ends in silence. When we quieten our minds, calm our inner selves and become attentive, when we listen, then silence takes on a new meaning. In prayer, we find, as the hymn writer describes it, 'the silence of eternity, interpreted by love!'

John Donne wrote about entering the house and gate of heaven, where there is 'no darkness nor dazzling, but one equal light; no noise nor silence, but one equal music.' Wouldn't it be wonderful if an outcome of our national, and international, mourning, were to be the emergence of one equal music, even for but a little while.

We are all notes in God's melody, each one unique and special. It is true that from time to time, we do need to work on how we harmonise that melody. By which I don't mean, tenors not so loud, please, or sopranos don't go too sharp, but how we blend our sounds with those around us.



Our lives are full of contrasts: joy and sorrow, elation and despair, hurt and healing. In the first hymn this morning [Immortal Invisible], one of The King's favourites - he chose it for his wedding to Camilla [the service of thanksgiving in St George's Chapel, following their marriage on 9 April 2005]—there are a series of contrasts, 'unresting, unhasting', 'nor wanting, nor wasting'. In this image, God, hidden not by darkness but by light, gives life to all, the true life of all. Death is acknowledged in the third verse, 'We blossom and flourish as leaves on the tree, and wither and perish but nought changeth thee'. We change but God does not, that is not to say God is indifferent to our lives, our deaths, far from it. God can be no other than God, God is not only light, God is love, all embracing, all encompassing love. In life and in death God is with us, so not only are we invited to listen to the melody, we are to look beyond darkness and dazzling to see the constancy that is God. 'All praise we would render, O help us to see 'tis only the splendour of light hideth thee.'

This morning's Gospel reading [Luke 16. 1-13], when boiled down to its essence, is about relationship; relationship and reconciliation, the right ordering of priorities, the bigger picture, the horizon that, although we cannot yet see beyond, we can sense is there.

When someone asked me the other day, should we change the readings set for this morning, to mark The Queen's death, I said no, today's readings are sufficient and, I think, her own inclination would be to follow and trust what we have been given. As a great reconciler and builder of relationships, however tricky the situations such as found in this morning's Gospel, she would, I think, say there is always a way through. The constancy of her life, witness and ministry teach us the value and virtue of constancy, of trusting, of building and, where needed, repairing good relationships.

Rest eternal, grant unto her, O Lord, and let light perpetual shine upon her. May she rest in peace and rise in glory.

And to quote Paddington: 'Thank you Ma'am, for everything.'

(sermon preached in St Nicholas' on Sunday 18 September, the day before the State Funeral) Photograph © Paul Macneil, taken on Garter Day 2009, from a vantage point no one else had, in the Horseshoe Cloister, in the Lower Ward of Windsor Castle

Fr Michael

PARISH ROUNDUP



Worth & Pound Hill Mothers' Union Summer Update July - September 2022

Can it really be that just over 3 months ago we were happily celebrating the Platinum Jubilee of our late Queen Elizabeth II with a Mothers' Union Tea Party? How life changes so quickly. Our patron, Queen Elizabeth II, was passionate about our Christian values and encouraged us in our work not only here in the UK but worldwide, we remember her with great affection; we pray that she may rest in peace and rise in glory, our prayers are also for King Charles III and the Royal Family now and for the future.

At our Branch meeting in June, Rose Wells, churchwarden at St Nicholas', was our speaker and, with humour, told us about the beginning of her medical training during a time when women were not expected to stay the course to become doctors. Determination appears to have been her motto and she succeeded, as well as finding herself a husband, who was also training to be a doctor!

In July we had our annual outing, this year having a Cream Tea at Tulleys Tea Room, on a hot and sunny



afternoon. We took over a fair part of the outside seating area, enjoying each other's company as well as the scones! It was lovely to include a past member, Shirley Harris and our other visitor, Liz Gallagher. It got so hot that we had to decamp to inside the Tea Room and there we stayed chatting for an hour or so.

During September we had planned

a multi-stall Coffee Morning to raise funds for A.F.I.A., this is a Mothers' Union project where families in need, couples or single people needing a break, which they can't afford, can have a holiday in a luxury caravan on the Sussex coast. We have two caravans, one in Winchelsea and the other in Selsey; the cost of the caravan is paid by the M.U.; all that those needing to 'get away' have to fund is travelling expenses and food. Sadly, this year we decided that our original plans would be scaled down as we heard that the Queen had

died two days before. However we were blessed with people coming to buy refreshments, cakes and books and we raised over £100. Thank you so much to **all** who made cakes, helped during the morning and purchased our wares.

At our Branch Meeting in September we are planning another Speaker, this time the Revd Gordon Parry. In October we will hold our Annual Birthday "Songs of Praise", as always. Everyone is welcome to join us and.... we will tell you all about it in the next Magazine.

MARKETS

8 OCTOBER 10-11:30
12 NOVEMBER 10-11:30
10 DECEMBER 10-11.30

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Ioan Tick

St Nicholas' Circle

From Izyum to Crawley

On 14 September the St Nicholas' Circle enjoyed a presentation by Max about the Ukrainian family who they are now hosting – aided by Sasha who is one of the family and was responsible for some excellent and informative slides.



Most of the family were present – Olena and Arkadi (the parents) with Sasha and Misha (their children). 'Granny' Halyna was at home cooking everybody's supper. Coming from Izyum in Eastern Ukraine – much in the news lately – they escaped through Russia into Estonia and from there to the UK. We were shown scenes of the devastation in the Ukraine which clearly affected the family.

Max explained the complex and frustrating process of becoming associated with the family, and the trials of obtaining all the necessary visas and other documents. However, it eventually had a good outcome and all arrived in Crawley with temporary permission to reside in the UK.

The family seem delighted with the home provided for them by the Perrys who, in turn, are clearly enjoying acting as the hosts and on providing education on English life. Apart from Sasha who already speaks excellent English, the others are learning. The parents have found employment, Sasha is continuing her university studies in the Ukraine via Zoom and Misha has started at Oriel School. Granny has started a project to grow vegetables in a section of the Rectory garden, much as she would have been doing in the Ukraine. If you missed it, you can still view the talk on

https://www.facebook.com/watch/live/?ref=search&v=1695975357453038.

Graham

The St Nicholas' Circle will be back on Wednesday 5th October. Doors open at 7.30pm for an 8pm start. Fr. Francis Pole will be giving a talk on his memoirs entitled "Memoirs on God's Train". I am very much looking forward to it. We are taking a break in November and January.

Please contact the office by email or phone before 30th October to confirm if you would like to attend the Christmas Wine and Cheese which is pencilled in for Wednesday 7th December.

Max Perry <u>max.perry@datamax.co.uk</u> 07435 788127

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St Barnabas' Churchwarden Update

In July, Nicky and I were invited to Chichester Cathedral for Evensong and a Churchwardens' reception, hosted by Bishop Martin. It was a wonderful occasion – the music for Evensong was provided by the Holst Singers, an amazingly powerful choir. Afterwards Bishop Martin hosted a drinks reception in the Palace gardens, it was great to meet up with fellow Churchwardens from across the Diocese and for the Bishop to spend time with everyone attending.





In August we celebrated the wedding of Fenella and Donald, part of our congregation. It was wonderful to be part of their celebrations and the see the church full; there were over 200 people in attendance. Everyone looked fabulous and the music was wonderful. Congratulations to them both!





The Café at St Barnabas' continues to be well-used by many groups meeting during the week and, whilst a little quieter over August, the café remains popular on Wednesday and Saturday for coffee and cake. More volunteers are always needed as are cakes – please let us know if you can help.



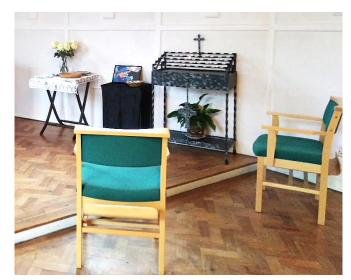


There have been several Saturday Markets and a Jumble Sale held, always popular and raising much needed funds for the St Barnabas' project to provide level access throughout the church – thanks to Phyl for organising these events, the helpers and, of course, our customers!

In September, following the sad news that Her Majesty Queen Elizabeth II had died, we, along with other churches, set up a memorial for the time of the official mourning. Ours was in the Narthex, where you could come in for prayer, to light a candle or for quiet contemplation. We also provided cards for messages of sympathy and memories of Her Majesty the Queen. May she rest in peace and rise in glory.

David Anderson





St Nicholas' Churchwarden Update

Twice in the span of a single summer we have displayed photographs of Her Majesty Queen Elizabeth 11 at St Nicholas', firstly in June in a joyous celebration of her Platinum Jubilee and secondly, In Memoriam in this most sombre of Septembers.

In tributes both written and spoken since the death of our dear Queen much significance has been attached to the strength and comfort she found in her Christian faith. In her last years her faith and prayers were more frequently referenced in her Christmas and Occasional speeches. Wherever the Royal residence, she continued to attend church services and we can be sure that, with the support of her chaplains, personal prayer and observance were sustained even in her last weeks of frail and failing health.

This year, we heard more about 'mobility issues', when the Queen's absence from events required some non-anxiety-provoking explanation. Amongst our own church family we have many members who have reached a great age with remarkable grace and accomplishment and who now are experiencing their own 'mobility issues'. As Churchwarden I received a letter recently on this subject. It was, at the same time, measured and very moving.

"... the gradient on this path (the Approach) is, in places, steeper than the recommended slope for safe use of a wheelchair....the path around the church is too narrow for a wheelchair (and, indeed, is also perilous for those using a stick.)

It would be a serious personal blow not to access St Nicholas' on Thursdays and Sundays as is my weekly habit.. I was married at this church, my wife is buried there (as I plan to be), St Nicholas' is very much my spiritual 'home '



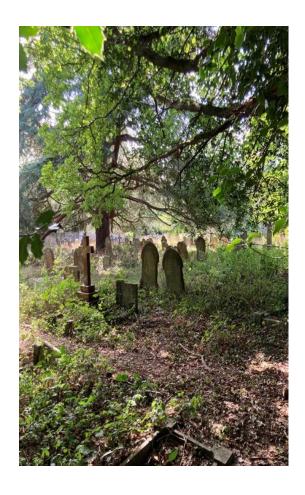
Unfortunately we already have accident forms completed for people who have fallen in the churchyard and testimony from visitors who are struggling to negotiate a safe route to the memorial garden on their mobility scooters. If anyone else would like to write to me (stnwarden@worthparish.org) to provide other experiences or concerns I hope this could be useful evidence when we submit our next proposal for improving the St Nicholas' approach for all our visitors.

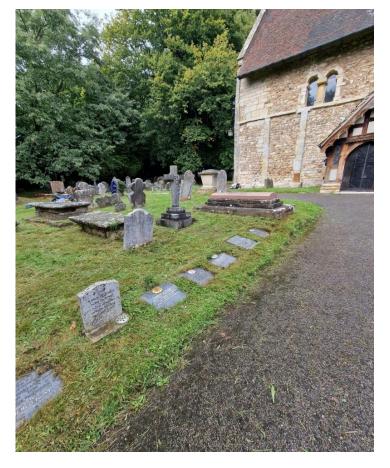
Our most recent Quinquennial Inspection was performed this summer (one of the most potent causes of sleeplessness amongst churchwardens!) and one of the headlines on the report for St Nicholas' was 'Improved Access and Security to the Churchyard'. This is a timely and helpful assessment from a qualified external source. To honour our late Queen's memory and example and to uphold the freedoms and choices of our older parishioners, and all those of any age with 'mobility

issues', we must urgently look again at how to improve accessibility to our Church and Churchyard.

Thanks to the remarkable efforts of Jason Watts and the new team of churchyard gardening volunteers there has been a transformation wrought in our churchyard. As described in the proceedings of the most recent PCC a hybrid model of volunteer work (when available and appropriate) and paid hours has provided a sustainable solution to keepings the grounds safe, ordered and beautiful. Please contribute to this work if you are able. New volunteers are always welcome but alternatively you might consider making a regular donation into the Restricted Churchyard Fund within the Parish Account to mark a Birthday or a Year's Mind? One hour of gardening costs £15 and so much has already been achieved as a result of a generous gift.

Rose Wells





Jigsaw Puzzle Festival 2022

The beginning of August saw the long-awaited Jigsaw Puzzle Festival held at St Barnabas' on the 12-13 August. Following months of preparation by a band of very willing volunteers, sourcing and cutting up of numerous pieces of cardboard, delivering jigsaws to be made, making up of 100s of jigsaws on aforesaid cardboard and finally, transporting these to St B, the festival weekend arrived! The evening before the event saw a flurry of activity as chairs were moved, tables set out up on which to place made-up jigsaws, bunting and decorations put up, and finally we were setting out the jigsaws ready for the next day.

Bright eyed and bushy tailed (at least some of us were!) the volunteers returned the next morning ready to get the show on the road. It was so encouraging to see people coming through the church over the two-day period, many initially curious to see exactly what a jigsaw puzzle festival was, then purchasing one or several puzzles.

As each puzzle was purchased and taken from the tables to the "breaking up tables"; another puzzle would appear to fill the vacant space.

Over the two-day period there was a steady stream of visitors, the mornings being quite busy, and we received some lovely comments and positive feedback.

Despite the event taking many months to plan and prepare, involving a large number of volunteers undertaking various roles, and the ever-increasing sleepless nights I started experiencing, it proved to be an enormous success, with lots of people asking when the next one would be! My first thought when asked this question was "probably not in my lifetime" but following a couple of good night's sleep I revised this thought to "maybe next year, why not?" - watch this space!

This event simply could not have taken place without the help and support of so many people, whether it was donating puzzles, making up puzzles, donating cardboard, sorting puzzles, helping to set up, volunteering over the two days or buying in supplies and preparing the refreshments served in the café. I would like to say a huge thank you to all those involved in any way; I am so very grateful for all the support, both in the time leading up to the festival and over the festival itself. Thank you all so much. Until the next time!



PCC Meeting St Barnabas' Church, 10 Aug 2022

New members David Fry, Don Hewerdine and Jane Stanford were welcomed. The following themes and items were discussed.



Finance

Copies of the Parish **Accounts** to the end of July were presented to the meeting by David Anderson and Joyce Watts. DA explained that, in line with the Parish Reserves Policy, the Available Cash covers just over 4 months of operating costs. He explained the concept of Budget Variance which shows figures from general income and expenditure to give an idea of the cash flow across the year, which obviously fluctuates due to the seasons. DA stated that a tight control is needed on expenses so the new increased utility costs in November can be covered, these may double or worse.

Rose Wells updated the meeting on the involvement of St Nicholas' in a nationwide research project on **Digital Giving**. The Diocese will provide us with a stand-alone card reader, which can be available all the time that the church is open, for spontaneous giving by people visiting. In addition, giving to the Parish through a dedicated QR code will be possible. Some members of the PCC had already attended some online training and the hardware will be available for collection and use by the end of September.

Gift Aid David Rice (interim lead for Gift Aid) advised that we should ask all regular givers within the Parish to renew their Gift Aid Declaration Forms so that these can be collated, stored securely and are readily available for any future inspection. This need will be communicated through our website, the pew sheet and both churches and it is hoped we can have a new set of declarations signed by end of September.

Whilst he completes his interim term DR intends to review and revise the business processes involved with Gift Aid. David Fry has been asked to consider taking on the Gift Aid work permanently after a handover from DR in the New Year.

Fabric of Churches in the Parish

At our previous meeting RW was commissioned by the PCC to write to the Archdeacon to express the PCC's concerns around structural and environmental problems in the **Rectory**. The letter was acknowledged and work on damp proofing the Rectory utility room, which has flooded intermittently for over 20 years, commenced on 10 August. This work is funded by the Diocese. Agreed redecoration of some rooms in the Rectory has been completed. This was funded by the Parish.

State of the Churchyard Further to the report from our last meeting two complaints were made, although both approaches were framed positively, one with an offer of volunteering and another with an offer of money for professional gardening help. This has helped us to understand the need for a hybrid approach to our Churchyard maintenance in the future, asking for physical help from those able or a financial contribution into a restricted fund for professional work when necessary. Jason Watts was appointed as our Sexton and he will support and co-ordinate our new team of volunteers.

Quinquennial Reports Both churches have had their Quinquennial Inspections by our inspecting architect Jonathon Ceroswki. Predictably few problems were found at St Barnabas' – there is a much longer list for St Nicholas' including: improved access to the church and security; work on the South porch; work on the Vestry porch; internal decoration; assessment and monitoring of internal cracks and in the Churchyard, the garden wall and store. At the time of the inspection both churches had roof problems which had been resolved by the time that the reports were received.

Energy

DA reported that data have been submitted to the Diocese concerning our Energy Footprint to contribute to the nationwide benchmarking being done throughout the Church of England.

St Barnabas' is a "B", classed as 'not bad' which is in the 30-40% band compared to all churches in the Church of England.

St Nicholas' is a 'C', also classed as 'not bad' and this is within the 40- 50% band compared to all churches in the Church of England.

To improve the carbon footprint at St Nicholas' we are progressing plans for our new boiler and for LED lighting. Both require a Faculty (permissions from the Diocese) but we have combined these projects into a single faculty application to 'Reduce the Carbon Footprint of St Nicholas' and by so doing will hopefully achieve a significant financial and time saving.

Deanery Synod

David Fry and Revd Sarah Upchurch represented the Parish. The major part of the meeting was spent summing up the Mission Action Plan in the Deanery. In addition it was noted that across the Deanery, since the Pandemic, there has been a lack of Chalice assistants and Sacristy volunteers and an urgent need to identify and train new people.

Date of next meeting Wednesday 19 October 2022

Choral Evensong 28 August 2022

After several weeks of rehearsal through August when they would usually be on holiday, Worth Choir led a Choral Evensong to mark the departure of Alex Hiam, our Parish Director of Music for ten years. A dozen singers sang music especially chosen by Alex for this occasion. We started with "Oculi Omnium" by Charles Wood and sang the Ayleward Preces and Responses throughout the service. Psalm 90 was sung by the Choir, unaccompanied. The Magnificat and Nunc Dimittis was a setting by Thomas Attwood Walmisley (in D minor). One of the hymns was "It is a thing most wonderful", arranged by James Burton; this was also sung at Worth during Passiontide. The Anthem was Parry's "My soul, there is a country" which was recently sung at the late Queen's Funeral Service. The Evensong finished with the hymn "The Day thou Gavest" for



everyone to sing. But we weren't finished! Alex chose "Lord of all hopefulness", in his own arrangement, to complete the service on a very hushed note.

The service was followed by drinks and some leaving speeches on the Rectory lawn. A fitting farewell to Alex! We wish him well in his studies and with his new Parish choir.

Ann Phillipson

Singing and Ringing 23 June 2022



As part of the International Folklore 'DEW' Festival held in Crawley and the Hawth Theatre between 24 – 28 June 2022, a 28 member Lithuanian Choir called Zaisa were staying in the Gatwick Europa Hotel. The Festival Director Valerijus Vilcinskas approached us to ask whether the choir could visit St Nicholas' one evening as a 'local place of interest'.



Suffering (only slightly) from Event Fatigue after all the preparation and delivery of our Jubilee Celebration, we wondered how we could offer

some hospitality? Realising that the requested visit would take place on a Thursday evening when our bellringers practise we came up with the idea of 'Singing and Ringing'

We had hoped and prayed for a beautiful English summer's evening and that was exactly what we had. After the 'Singing', the choir and audience enjoyed a buffet supper and listened to the 'Ringing' outside in the sunlit churchyard. Revd Greta Sawyer, Prof Graham Beaumont and Rose Wells were all awarded Certificates of Participation in the Folklore DEW Festival and we were all pleased to share in this impromptu cultural exchange.

St Nicholas' 6 November 2022

Two special services in one day

10.00 within our morning Eucharist we will have a special service of Thanksgiving for the life and Priestly Ministry of our friend Roger Brown. We will be joined by members of his congregation from St Swithin's East Grinstead. Wine and refreshments afterwards.





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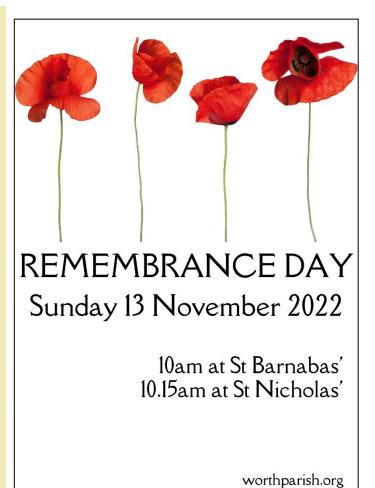
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Christmas Cake Recipe

Whether you've never made one, but like eating it, or are looking for a new version, this is my favourite. I tend to make a 7 in cake and then a tiny one with the leftovers, which I eat straight from the oven

25mins hands on, plus soaking. Cooking time: between 1.5 and 3 hours depending on your oven.

Ingredients

250g raisins

250g sultanas

100g dried cranberries

200g natural glace cherries

200ml brandy

150g almonds

200g unsalted butter

200g dark muscovado sugar

4 medium eggs beaten

100g plain flour

- I. Cover the raisins, sultanas, cranberries and cherries with brandy and leave in a bowl overnight or at least for 2-3 hours.
- 2. Coarsely chop the almonds in a food processor. Tip out 75g of them and blend the rest until ground. Cover and set aside.
- 3. Grease and line an 8in (20.5cm) tin with greaseproof paper.
- 4. Preheat the oven to 150°/ 130° fan. /Gas Mark 2.
- 5. Mix the butter and sugar in a large bowl until light and creamy.
- 6. Gradually whisk in the beaten eggs.
- 7. Stir in the ground and chopped nuts, along with the flour.
- 8. Tip all the soaked fruit mixture into the bowl and mix.
- 9. Spoon into the cake tin and level the surface.
- 10. Bake until a skewer inserted into the centre comes out clean.
- II. Leave to cool, then remove from tin and keep in greaseproof paper and wrapped in a double thickness of foil.
- 12. Prick with a skewer and feed it with brandy twice.
- 13. When ready to decorate, spread with apricot jam, cover with marzipan then leave to dry out, before icing.



Worth Church Bellringers and Operation London Bridge

Church bells ringing out across the land is an evocative and almost uniquely English tradition. They ring out joyfully starting as a descending scale from highest note to lowest note: **123456123456 123456123456...** before changing the order but with every bell dinging before any bell dings again ... always returning to the descending scale before silence.

The bells at Worth are the lowest 6 notes in the scale of A major with the highest and lightest bell (I or treble) being tuned to F sharp and the lowest and heaviest bell (6 or tenor) being tuned to A. Treble and tenor are always the names of the highest and lowest bells in a tower. The numbers always count down the scale from highest to lowest so in our six bell tower the tenor is number 6.

Operation London Bridge aka "Everybody knows what to do when the Queen dies", as it affected bell ringers, came into force on the announcement of the death of Her Majesty Queen Elizabeth II and lasted until after her funeral. The guidance: "If you have enough muffles it would be appropriate to ring fully muffled with the tenor backstroke open from the announcement of the death until the Palace proclaims the new Monarch when the bells should be rung open in celebration reverting to being fully muffled until after the funeral". What does that mean and how was it done?

In the English tradition, bells are rung using ropes and wheels rotating a little less than a full circle from mouth up on one side to mouth up on the other side, then back again. The sound happens when the bell catches up with its metal clapper causing it to resonate. The resonance can be muted by tying a leather pad, called a muffle, to the ball of the clapper on one of the two sides that hit the bell.

Most towers will have one muffle for each bell in the tower, used every year to ring "half muffled" for Remembrance Sunday and for funerals. From the start of a piece of ringing the first strike of each bell (called the handstroke – when the ringer pulls on the fluffy bit of the rope and it disappears through the ceiling) is muffled. The second strike of each bell (called the backstroke - when the ringer pulls on the remaining end of the rope and the fluffy bit reappears) will resonate normally: 123456123456 123456 ... Listen out for this on Remembrance Sunday.

"Fully muffled" (with tenor backstroke open) means you need 2 muffles for all the other bells apart from the tenor leaving the ringing sounding like the tolling of a single bell 123456123456 123456123456... None of us have ever rung with the bells fully muffled before.

At our normal practice on Thursday 8th September, we fished out our swanky "new muffles" and rooted around for the "old muffles" then Martin, Neil and Elliott went up the ladders to fix them to the bells. Two of each type of muffle are shown in the photo. The new muffles (on the right) are secured by velcro and remain fairly reliably positioned where you want them. The old muffles (on the left) are secured by shoelaces, and hope, and have a tendency to slip out of position. Everybody had a chance to ring with brief sorties upstairs to sort out slipped muffles when something like 123456123456 123456123456 ... happened.

On Friday 9th September Carolyn, Gerald and Neil took turns to toll the tenor, non-stop, for an hour between 12 noon and 1pm 6 ... 6 ... 6 ...

The proclamation of King Charles III, having occurred on Saturday 10th, any ringing between then and 1pm on Sunday 11th would have been

carried out "in celebration" with all the muffles removed - "ringing open". Unfortunately, we did not have enough ringers that day so the muffles were left on and the bells remained silent.

On Thursday 15th, practice night was again fully muffled with everyone available getting this unusual experience. Then disaster - the clapper fell out of the 4: 123 56123 56 123 56123 56 ... That was the end of practice that night and we thought we'd need to cancel ringing on the following Sunday. Luckily, by



Saturday lunchtime, Martin had found that the fixing pin was still in the bell and was able to reattach the clapper, Sunday ringing was back on.

On Sunday 18th we rang for the morning service when many of our parishioners would have heard the bells fully muffled for the first time (with the odd slipped muffle).

On Monday 19th we rang from 10:15 to 10:45 ahead of the funeral; the last fully muffled ring of the operation. Then, having removed its muffle, Martin tolled the tenor 96 times 6 ... 6 ... 6 ... 6 ... finishing on the dot of 11:00.

On Thursday 22nd September the remaining muffles were removed and we returned to ringing open **123456123456 123456123456** ...

Mary Harrison Worth Church Bell Ringer

Bats??

Both churches were involved in the National Bats in Churches Survey this summer. Bat expert Keith Ireland came down from Redhill to complete the assessments with the wardens in early August. Counterintuitively, St Barnabas' received the more detailed survey complete with bat listening equipment! The sort of survey we received was randomly ascribed and guess what? No bats heard at St B's. Not even a bat whisper.



Meanwhile up in the sunlit wilderness of the churchyard at St Nicholas' there was good news and bad news and a wealth of bat-related information being imparted. The abundant ecosystem of the churchyard would provide a veritable feasting field that non-resident bats might travel miles to visit. Did you know that bats will fly up to 5km from 'home' for a good feed – always at the same time and via the same route? However, our 'new' roof looked in very good condition (what every warden wants to hear) and therefore a less likely des res for a bat colony.

An exhaustive questionnaire answered almost exclusively in the negative; no bats seen in the church, no interruption to Parish business or Parish building by bats, no need for more regular cleaning because of bats, saw Keith and I parting thinking there were no bats in St Nicholas' but guess what? Bat poo found on the Altar cloth which had been changed only 3 days before.

So we do have bats in the Parish. Probably not a large number but we may expect a more detailed survey next year. Watch this space.

Did you know about the work of the National Bat Helpline? If you find a bat in need of rescue you can call **0345 I 300 228** or go to their website www.bats.org.uk. The information below is from https://www.sussexbatgroup.org.uk/

Rose Wells

During the last century, greater horseshoe bat numbers fell by over 90% in Britain, by some estimates, and the species became confined to parts of Wales and south-west England. Today, however, there is some much-needed good news. The population is showing signs of recovery, with small colonies now found outside of this core area. This includes one pioneer breeding colony recently discovered in an old stable block in Sussex – a sign of a possible eastward spread. For this reason, it is a site we must protect.

<u>Vincent Wildlife Trust</u>, Sussex Bat Group and others are working hard to safeguard this rare bat species by purchasing and restoring a roost site in Sussex. Donations welcome – details on their website.



Prize Wordsearch

When you're done, (we trust you) send your name to hello@worthparish.org to be in the draw for some goodies. Winner drawn November 26th

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CHRISTMAS MICHAEL RECTOR BARNABAS **PSALM** SINGING ALTAR SARAH WHITSUN VICAR MATTHEW SAINTS LENT **GRETA** LUKE EASTER CHAPEL **BIBLE** MARY CANDLES CURATE JOHN **JESUS** ADVENT

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Registered Charity No. 306408

ATTENDING COLLEGE OR UNIVERSITY THIS YEAR?

Small grants towards the expenses of college or university courses are available to students, under the age of 25 years, who are resident in or around the civil and ecclesiastical parishes of Worth.

Applications for grants should only be made for courses where a confirmed offer of a place has been accepted.

Application should be by letter, giving brief details of yourself, including date of birth, your education and the course you will be undertaking, and addressed to:

The Honorary Secretary,
The Shelley Copthorne Educational
Foundation,
3, Saxon Road,
Worth,
Crawley,
RH10 75A.

Applications by 1st November for consideration in the current year



Prayer of Encouragement

Do not look forward in fear to the changes of life; Rather look to them with full hope that as they arise.

God, whose very own you are, will lead you safely through all things.

And when you cannot stand it, God will carry you in His arms.

Do not fear what may happen tomorrow, The same everlasting Father who cares for you today

Will take care of you today and every day. He will either shield you from suffering or will give you unfailing strength to bear it.

Be at peace and put aside all anxious thoughts and imaginations.

Francis de Sales

Friday Lunches

Have you thought about joining us and coming to Friday Lunches? At St Barnabas' Café 12:30. There are five ladies who take it in turns to cook a two-course homemade lunch with tea/coffee afterwards for the sum of £7.

We have a lovely warm setting with an entrance suitable for all. Tables laid with tablecloths, napkins with glasses and water jugs with lots of conversations, bringing different people together.

You do not have to be church going, just someone liking a homemade meal and good company.

Because we do not want to waste food or not have enough, it is helpful if you book by telling whoever is on duty that Friday for next week, contacting 0300 111 8150, or call into the café and have your name added to the list.

We will be getting some interesting menus ready for the Autumn and Winter months. Hoping to see some fresh faces and welcoming the regulars

The Ladies who Cook











The Parish 2023 Engagement Calendar









































- A3 plenty of space to write engagements
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Copies should be widely available or you can contact Liz Gallagher at egallagher76@hotmail.com

Liturgical Colours

Church Mouse is feeling very happy as he has had some requests for Magazine articles. First, on liturgical colours and secondly (to come) on church vestments.

It is only since the I2C that colours have had any significance, except for white being linked to purity. Today's colour scheme developed from schemes drawn up by Popes (for example Innocent III I198-I216) but not until I570 was a formal scheme defined by Pius V. This is the basis for modern Roman Catholic and Anglican practice.

Up until the 19C most Anglican clergy preferred the surplice, scarf and academic hood. However, the Oxford Movement in the 19C established liturgical colours as a distinctive aspect of Anglican usage. Modern practice, except for Evangelical Anglicans, follows the simplified scheme proposed in the Roman Catholic *Ordo Missae*, although there continue to be some local variations. Although firmly woven into *Common Worship* (CW) it must be emphasised that the use of liturgical colours is not mandatory.

The formal colours and when they are used, are given below. It is formally only the colour of the priest's stole which matters (often invisible!) but also applies to the chasuble and maniple (see next time) and the altar frontal and pulpit fall. As at St Nicholas' these last two items may be multi-coloured to avoid frequent

changes of the frontal/fall (in my view, a pity).

	e ir oritativitati (iri rity view, a picy).				
Colour	Used on				
White	Christmas Day to the Presentation in the Temple				
	Easter Day to the Eve of Pentecost				
	Trinity Sunday				
	Festivals of Our Lord and the Blessed Virgin Mary				
	All Saints' Day, and Festivals of those saints not venerated as martyrs				
	Dedication Festival				
	Maundy Thursday; Thanksgiving for Holy Communion and Holy Baptism				
	Marriage, and suitable for Baptism, Confirmation and Ordination				
	May be used for Funerals, and should be used for the Funeral of a child.				
White/Gold	May replace White for any of the great Festivals				
Red	Holy Week (except Maundy Thursday; no colour for Good Friday and Easter Eve,				
	Pentecost but red for liturgy on Good Friday)				
	Between All Saints' Day and the First Sunday of Advent				
	Feasts of those saints venerated as martyrs				
	Suitable for Baptism, Confirmation and Ordination				
Purple	Advent				
(blue an alternative)	Ash Wednesday to the day before Palm Sunday – although unbleached linen may be used in this period)				
	Recommended for Commemoration of Faithful Departed and Funerals				
	Rose-colour may be used on Advent 3 and Lent 4				
Green	After the Presentation in the Temple until Shrove Tuesday				
	The day after Pentecost until the eve of All Saints' Day				
	May be used, instead of red, between All Saints' Day and Advent I				
Black	May be used as an alternative for Funerals				

See: Common Worship: Rules for Regulating Authorized Forms of Service (p.532) Companion to Common Worship vol I: The Calendar, section C. (p.45)

Church Mouse

Wandering Gauls: the Galatians

This is the last in a short series of articles discussing interesting peoples from the Bible. We have considered the Canaanites, the Philistines, and now it is the turn of the Galatians.

Like Church Mouse, you may have thought that Paul in the *Epistle to the Galatians* was just writing to five Early Christian churches in a Hellenistic-Roman colony. The background turns out to be more interesting. Galatia was a region in central Anatolia centred around what is now the city of Ankara, the capital of Turkey. However, the ethnic Galatians were not Anatolians, but Gauls.

Their origins were in three tribes from Southern Gaul; the Trocmi, the Tectosages and the Tolistoboges; the latter were originally in the French Pyrenees. Around 281BC they had their sights on plundering in Greece but split into two groups – one intent on settling which headed off for Thrace, the other wanting to raid. The raiding army were soundly defeated at Delphi where the Greeks proved very keen to hold onto their treasure.

The settlers headed for Macedonia, but were ejected, but threw in their lot with Nicomedes of Bithynia. For a while the Gauls "bounced around Anatolia like a tribal wrecking ball" (*Philip Matyszak*) but were controlled by the Seleucid king Antiochus I, mainly because his army included elephants which entirely confounded the Gauls. They retreated to the Anatolian highlands (*right*) and settled in relative peace and integrated with the native Phrygians.



The Galatians continued a habit of backing the wrong side and were soundly beaten by the king of Pergamon, Attalus I in 241BC and it is from this period that the famous sculpture of *The Dying Gaul* (*left*) originates.

In the first century BC, after several battles with the Romans (generally still on the wrong side), Galatia effectively became a Roman colony from 47BC. (Roman remains from Galatia *below*.) The Galatians were gradually Hellenised and

absorbed

However, Jerome spoke a





into the native population.

as late as 420AD St reported that they still dialect of Gallic, understandable in Gaul.

They then vanished.

Paul wrote his *Epistle* around 200AD when Caracalla was Emperor (*right*; *a bronze coin of Caracalla from Ankara*). It is difficult to avoid the impression that the Christians of Galatia were a rather difficult bunch, from Paul's colourful invective in the *Epistle*. Perhaps their history helps to explain why this was the case. They were still in danger of backing the wrong side.



Church Mouse

A BIBLICAL SPIRAL – answers to the quiz in the last edition

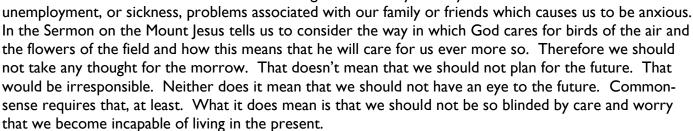
II STEPHEN ADAM 21 NATHANIEL 2 MOSES 12 NOAH 22 LAZARUS 3 SAUL 13 HAM 23 SENNACERIB 4 LUKE 14 MALACHI 24 BOAZ 25 ZECHARIAH 5 ELIZABETH 15 ISAAC 6 HFROD 16 CAIN 7 DAVID 17 NICODEMUS 8 DANIEL 18 SHEM 19 MARTHA 9 LOT 10 THOMAS 20 AARON



Chapel Talks by Anthony Stidolph

Winston Churchill once said, 'When I look back on all my past worries, I remember the old man who said on his death bed that he had had a lot of trouble in his life, most of which had never happened.'

Most of us all try to cross bridges before we reach them, and consequently a great deal of worry proves to be unnecessary in the light of our experience. However, there are some events in our lives which cause genuine anxiety. It may be













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#trendingchurch

Pound Hill Toddlers

With the start of the new school year Toddlers is back, every Tuesday (13:00 to 15:00) and Thursday (9:00 to 11:00) during termtime. Thursdays are extremely popular! Lots of fun

had by all to keep all the toddlers (and carers!) entertained which always includes a messy play activity. We break in the middle of the session for refreshments followed by singing and then more fun activities, always play dough, which is a great favourite.

Revd Sarah, Jenny Dobson & the team



Sunday School

Sunday School had a break during the school holiday but has now restarted, being run by Nicky, helped by other members of the congregation. For their first Sunday back, they spent the time remembering the life of Her Majesty the Queen. Several collages commemorating her long life were made and a prayer written



giving thanks for her service to our country and her commitment to her Faith.

Activities are usually related to the Sunday readings and it is wonderful to see the children recounting what they have learnt when they rejoin the service, and saying the prayer that they have written.

On the fourth Sunday they stay, and take part, in the Service.

Nicky Anderson













Pizza and Ice Lotties

Saturdays 15.30 - 17.00 Wednesdays 15.00 - 16.30

ST BARNABAS' WORTH ROAD POUND HILL RH10 7DY worthparish.org

Hunt the Mag



What colour will our clergy be wearing on I Nov (All Saints' Day)?

Which famous bear was quoted by Fr Michael?

When is the Parish Quiz on Zoom?

Where in Sussex has a colony of Horseshoe bats been discovered?

Who has been appointed as Sexton?

How many muffles did the bellringers need to find?

Shadow's Blog

You have to look very closely at the photo this time to see what I have been up to. Can you work it out? I'll give you a clue. My humans call it 'shade bathing'. So, this is me sunbathing inside a cool beach tent on my holiday in Devon. I had a fantastic time, there was so much to see and to do, and as I wasn't allowed to be on my own at any time, I had to do it all with my humans. Such Fun! However, I wasn't too impressed with the travel arrangements as I thought I ought to be the one sitting in the front seat, but I was relegated to the back seat with a secure harness so I couldn't even put my head out of the window. What a disappointment!



Quite often we make the 'little' disappointment so big that it clouds out all the good things, so I'm going to be good and try to remember what a fun time I had even though I couldn't sit where I wanted!

Must go.....Time for some more 'shade bathing'.

Shadow

Messy Church









How good it is to be back at Messy Church again and to see our numbers increasing. The last two sessions have seen us dip into the Old Testament for the well-known story of Noah and the lesser known story of Ruth. It is especially wonderful to see families and extended families spending quality time together. In October we are finding Zacchaeus in a tree and in November we will be making peace cranes. Come and enjoy! Sue







Child friendly services

Come and celebrate with us!
At St Barnabas', Sunday School is every week and the 4th Sunday every month is especially child-friendly.

the hangout

A group for school years 7 to 11, 'the Hangout', meets every Friday in term time from 19:00 to 20:30. With the start of the new school year, we've welcomed back young people from last year as well as new members.

Over the summer we've spent some of the money provided by the Sussex Police Community Fund to install a new basketball hoop in the Hall and a new football goal in the Jubilee Garden. We're looking at improving the lighting in the Jubilee Garden so that, as the autumn nights start to draw in, we can keep using the outside space.





New for this year, the young people have started Dungeons & Dragons, a fantasy tabletop role-playing game, and have already shown considerable teamwork in developing their characters and in playing the game. If you're in school years 7 to 11, or know somebody who is, why not come along? For more information email youth@worthparish.org.

David Anderson



Holy Baptism

	Ronnie Christopher Edward
10 Jul 22	Isla Maria Hughes
17 Jul 22	Ezra Frederick Stratton-Rogers
24 Jul 22	Aida Yvonne Martin
	Lily Seren & Ruby Saoirse
31 Jul 22	Bryan
31 Jul 22	Leo James Putnam
7 Aug 22	Alaia-Rose Barrow Roach
7 Aug 22	Coco Ferrari
7 Aug 22	Sienna Bruce
14 Aug 22	Molly Rose Mitchell
14 Aug 22	Jax Alfie Carter
II Sept 22	Ralph James Hambly
25 Sept 22	Albert John Finlayson-Green
25 Sept 22	Molly Sophie Wise



It has been our pleasure to baptise all these children. Baptism is a Sacrament of the Church – through baptism we become members of the Church, the body of Christ here on earth. Baptism is available for everyone, young or old – come and talk to us.



USEFUL NUMBERS

Altar Servers (St Barnabas')	David Anderson	
	Jenny Dobson	†
Altar Servers (St Nicholas')	Richard Turpie	
Baptisms, Weddings and Funerals	Parish Office	1
Bellringers	Neil Dobson	1
Bookings (Hall, Meeting Rooms, Café, Church)	Revd Sarah	
Buildings and Facilities	See Churchwardens	
Children's Society	Ann Lane	
Choirs (Worth Church and Festival)	Vacant	1
Church Cleaning (St Barnabas')	Jane Stanford	1
Church Cleaning (St Nicholas')	Jill Freeborn	1
Churchwardens (St Barnabas')	David Anderson	
Churchwardens (St Nicholas')	Rose Wells Colin Smith	0300
Co-ordinator (Parish)	Sue Perry	11
Events	Jane Stanford	
Families, Youth and Children's Work	Caroline Formby (lay)	1
Flower Arranging (St Barnabas')	Jane Stanford]
Flower Arranging (St Nicholas')	Noreen Oxlade	1
Friends of St Nicholas'	Colin Smith	
Giving (Donations etc)	David Rice	
Julian Group (St Barnabas')	Don Hewerdine	
Julian Group (St Nicholas')	Linda Eells	1
Knit and Natter	Val Rudd	1
Magazine	Sue Perry	1
Messy Church	Sue Walshe	
Mothers' Union	Mary Fry	
Office (Parish) manned and with 24 hour	answerphone	8150
Offices at St Barnabas' (not manned)	'	
PCC Chair	Michael Boag	1
PCC Secretary	Liz Gallagher	
PCC Electoral Roll Officer	Jane Stanford	
PCC Treasurer	Churchwardens	1
Prayer Group	Linda Eells	1
Safeguarding Officer	Anita Wilkinson	1
Social Media	David Anderson	1
Stewardship Officer	2 22	1
St Nicholas' Circle	Max Perry	1
Sunday School	Nicky Anderson	1
Toddlers	Jenny Dobson	1
Website	Elizabeth Whyman	1
Weddings	Parish Office	1
··· o -		

OCTOBER- NOVEMBER CALENDAR

Travelling far? - we recommend you check dates/times on our website calendar, or with the Office.

When?		What?	Where?
Sun 2 Oct	10:00	Harvest Thanksgiving	Both Churches
Sun 2 Oct	16:00	Harvest Supper, Line Dancing	St Barnabas'
Wed 5 Oct	19:30	St Nicholas' Circle	St Barnabas'
Sat 8 Oct	10:00	Saturday Market	St Barnabas'
Mon 10 Oct	14.00	Julian Group	St Barnabas'
Wed I2 Oct	12:30	Julian Group	St Nicholas'
Wed I2 Oct	14:30	Scrabble & Cake	St Barnabas'
Sat 15 Oct	15:30	Messy Church	St Barnabas'
Sat 15 Oct	20:00	Parish Quiz via Zoom	
Wed 19 Oct	15:15	Messy Church	St Barnabas'
Wed 19 Oct	19:00	PCC	St Barnabas'
Wed 26 Oct	19:00	Parish Prayer Group	St Barnabas'
Thur 27 Oct	16.00	Mothers' Union Meeting	St Barnabas'
Sat 29 Oct	16.00 + 19.00	New Note Concert	St Barnabas'
Sun 6 Nov	10:00	Thanksgiving: Fr Roger Brown	St Nicholas'
Sun 6 Nov	16:00	All Souls Sung Requiem	St Nicholas'
Wed 9 Nov	12:30	Julian Group	St Nicholas'
Sat 12 Nov	10:00	Saturday Market	St Barnabas'
Sat 12 Nov	15:30	Messy Church	St Barnabas'
Sun 13 Nov	10:15	Remembrance Sung Eucharist	St Nicholas'
Mon 14 Nov	14:00	Julian Group	St Barnabas'
Wed I6 Nov	15:15	Messy Church	St Barnabas'
Wed 23 Nov	14:30	Scrabble & Cake	St Barnabas'
Wed 23 Nov	19:00	PCC	St Barnabas
Thur 24 Nov	14:30	Parish Prayer Group	St Nicholas"
Thur 24 Nov	16.00	Mothers' Union Meeting	St Barnabas'
Sun 27 Nov	16:00	Advent Carol Service	St Nicholas'
Thur 7 Nov	20.00	St Nicholas Circle Wine & Cheese tbc	St Nicholas'
Wed 7 Dec	14:30	Scrabble & Cake	St Barnabas'
Sat 10 Dec	10:00	Saturday Market	St Barnabas'

Calendars and clocks exist to measure time, but that signifies little because we all know that an hour can seem like an eternity or pass in a flash according to how we spend it!

Michael Ende

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(by standing order) – you can have as many
numbers as you like.

Why not encourage your friends to join or give someone a number as a gift?

For more information or a booking form contact the Parish Office on 0300 111 8150

Or email office@worthparish.org

Sit down & Exercise

A gentle chair-based exercise class – an enjoyable way of strengthening muscles you have forgotten you have!

Feel stronger and more able whilst having fun and meeting new people.

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St Barnabas

1.30pm - 2.30pm

£5 per session

You will requirea stress ball and a resistance band

(your own or £2 + £3 from Deb)
Call Deb on0776541334
Or just turn up







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www.cpjfield.co.uk



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Pre-planning and having a meaningful discussion can hugely benefit your emotional, physical and mental wellbeing.

Experience tells us that if families are able to have relaxed, open conversations about end of life wishes early, when the time comes, it can provide some comfort.

Everyone has their unique story to tell. Come and talk to us; we would love to have a chat.



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