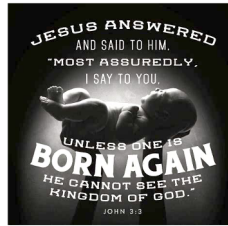




**5 March  
2023**

**Lent 2**



Welcome to  
St Barnabas' in Pound Hill and  
St Nicholas' in Worth

This sheet details the readings in today's  
services as well as notices for everyone.

## SERVICES TODAY

Certain services will still be  
available online (live or recorded)

08:15 Said Eucharist (BCP)      St Nicholas'  
Celebrant & Preacher      Fr Michael Boag

10:00 Sung Eucharist      St Barnabas'  
Celebrant & Preacher      Revd Gordon Parry

10:00 Sung Eucharist      St Nicholas'  
Celebrant & Preacher      Fr Michael Boag

Please try our new QR code to donate to Worth  
Parish. Scan this code with a smartphone to take  
you straight to a giving page.



Nicodemus came by night. He didn't want anyone to see him, especially not his colleagues in religious leadership. So, he came when no one was around, when no one would see where he was going. He had heard Jesus' teaching, and it made some sense to him. He had heard about the miracles, the healings and other extraordinary happenings. He had observed Jesus' way of life, and there was something that drew him. He wanted to know for himself.

Nicodemus reminds us of the times and the ways in which we are in the dark: when we long for something more, a little more understanding, a little more love, a little more faith, a little more hope. And sometimes we can step out of the shadows to come closer to Jesus and find his light, just as Nicodemus did.

Nicodemus was on a journey, a spiritual journey. He was drawn to Jesus and wanted to find out more, but he was scared to go public with his interest. His faith needed to grow quietly and privately until he had the confidence to be seen as a disciple.

Our spiritual journeys can be like that. We have our private faith, but we don't like to talk about it much. We don't necessarily have much confidence in ourselves as faithful Christians. But sometimes, we have the opportunity to get to know Jesus a little better and ourselves a little more. And then, inch by inch, we grow in faith and confidence.

That's what we are here for in our Churches. To worship God, and to share his love with others and to help God build his kingdom.

May you find what you are looking for during this season of Lent.

*Fr Francis*

## Collect

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord. **Amen**

## Reading Genesis 12.1-4a

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless



you, and make your name great, so that you will be a blessing. I will

bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the Lord had told him; and Lot went with him.

## Psalm Psalm 121

I lift up my eyes to the hills - from where will my help come? My help comes from the Lord, who made heaven and earth.

He will not let your foot be moved; he

who keeps you will not slumber. He who keeps Israel will neither slumber nor sleep. The Lord is your keeper; the Lord is your shade at your right hand. The sun shall not strike you by day, nor the moon by night. The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time on and for evermore.

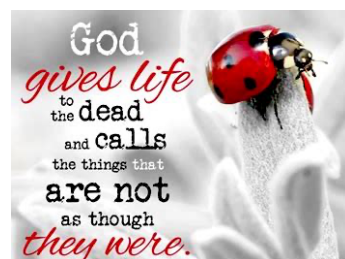


## Reading Romans 4.1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned

to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations') - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.



## Gospel John 3.1-17

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with

everyone who is born of the Spirit.’ Nicodemus said to him, ‘How can these things be?’ Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things?’

‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.



‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.’

### Post Communion

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord.

**Amen**

Festivals this week	
Tues 7 Mar	Perpetua, Felicity and their Companions, Martyrs at Carthage 203 (LF)
Wed 8 Mar	Edward King, Bishop of Lincoln 1910 (LF) Felix, Bishop, Apostle to the East Angles 647 (C) Geoffrey Studdert Kennedy, Priest, Poet 1929 (C)
(F) Festival; (LF) Lesser Festival; (C) Commemoration	

### SERVICES THIS WEEK

Tues 7 Mar	10:30 Healing Eucharist	St Barnabas'
Thur 9 Mar	10:30 Said Eucharist	St Nicholas'
Sat 11 Mar	15:30 Messy Church	St Barnabas'
Sun 12 Mar	8:15 Eucharist (BCP) 10:00 Sung Eucharist 10:00 Sung Eucharist 13:30 Burial of Ashes Susan Swan	St Nicholas' St Barnabas' St Nicholas' St Nicholas'
<b>Sunday 12 March 2023</b> <b>Lent 3</b> Exodus 17.1-7      Psalm 95 Romans 5.1-11      John 4.5-42		

### DIARY NOTES & NOTICES

**Toddlers Group** meets on **Tues 13:00-15:00** and **Thurs 9:00-11:00** during term time in St Barnabas' Hall.

### St Nicholas' Julian Group

The St Nicholas' Julian Group will meet for half an hour of silent prayer on **Wed 8 March** at **12:30**. Please feel free to join us - everyone welcome!

### PCC Meeting

Your PCC will meet next on **Wed 8 Mar 19:00** at St Barnabas'. Please support our Parish life by sharing any ideas or concerns you have with your PCC members and Churchwardens.

### Lent Course

based on the Diocese course "Who then is this?" Run by the Revd Sarah and others. All will be very welcome. More information can be found on the Diocese of Chichester website. Dates as below; time 19:00 in the Café (except **9 Mar**: same time just upstairs).  
**Weds 1 Mar, Thur 9 Mar, 15, 22 and 29 Mar.**

## Friday Lunches

Friday lunch on **10 Mar** in the Pastoral Centre at 12:30. Two courses and a drink £7.00. To help with catering please book your place at the Pastoral Centre (café open Wed and Sat) or via the Parish Office, by Wed **8 Mar**. All welcome.

### The Hangout

Youth Club at St Barnabas' on  
**Fri 10 Mar 19:00-20:30**  
Ages 12-16. Entry free. Weekly during term time.

Come and see, Crafts, Bible story, a song and a prayer, followed by Pizza and lollies.

In March Messy

Church will meet on **Sat 11 Mar** 15:30-17:00 and **Wed 15 Mar** 15:00-16:30 (in the Church) at St Barnabas'. Everyone welcome - mums, dads, grandparents, carers - come and have fun!

### St Barnabas' Julian Group

meets on **Mon 13 Mar at 14:00** in St Barnabas'.

### Scrabble and Cake

The next Scrabble session takes place on **22 Mar** 14:30-16:30 in St Barnabas Café.

### Worth Church Clothing

An order is being prepared for clothing branded with 'Worth Church': fleeces, hoodies, t-shirts and more in a range of sizes and colours for both adults and children.

If you are interested, see the display in the South Porticus, contact Liz Gallagher [egallagher76@hotmail.com](mailto:egallagher76@hotmail.com) or the Parish Office by the **Sun 19 March**

### Youth Courses

**Young Communicants** Course for those over 7yrs old starting on **Thursdays**, first one **16 Mar 16:30** at St Barnabas' Café. For details please ask Revd Sarah or Revd Greta.

**Youth Alpha** starts on Fridays, first one **17 Mar 18:00** at St Barnabas' Café. For details please contact Revd Sarah with any questions.



## CONTACTS

### The Rector

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### Vicar at St Barnabas'

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### Assistant Priest

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### Assistant Priest

Fr Francis Pole 07764 752608  
francis.pole@virgin.net

### Assistant Curate

Revd Greta, the Curate (Thurs & Sun)  
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### Churchwardens

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Rose Wells (St N) 01293 884250  
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Colin Smith (St N) 01293 889894

### Worth Parish Office

Sue Perry 0300 111 8150  
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