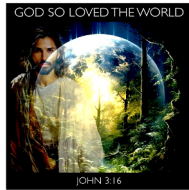




**14 September
2025**

Holy Cross Day



Welcome to
St Barnabas' in Pound Hill and
St Nicholas' in Worth.

This sheet details the readings in today's
services as well as notices for everyone.

SERVICES TODAY

Certain services will still be available
online (live or recorded)

08:15 Said Eucharist (BCP) St Nicholas'
Celebrant & Preacher Revd Sarah Upchurch

10:00 Sung Eucharist St Barnabas'
Celebrant & Preacher Canon Penny Foreman

10:00 Sung Eucharist St Nicholas'
Celebrant Revd Sarah Upchurch
Preacher Deborah Cowie

Please try our QR code to
donate to Worth Parish.
Scan this code with a
smartphone to take you
straight to a giving page.



Payments to the Parish

If you possibly can, please transfer the money
by electronic payment to: Parish of Worth
Poundhill & Maidenbower, sort code 40-18-22,
account 61223372.

If you need help, call the Office.

Holy Cross Day

Many of us wear a cross. It might be in the
form of a necklace or it might be in the
form of a lapel badge. The Cross is not just
the symbol of Christianity, it is the essence
of Christianity, a symbol of deep and
profound love.

I wear a small cross around my neck and I
find in times of stress or trauma, my hand
automatically reaches for my cross and I
hold onto it. It provides a source of comfort
to me. Profound experiences of suffering
can have a way of making us focus on what
really matters so that distractions fade
away. As St Paul reminds us, there is
nothing in life, not even death, that can
separate us from the love of God. That is
the truth of the Cross, because the Cross
demonstrates the depth of God's love for
us.

The well-known verse of John 3:16 tells us
that:

'For God so loved the world that he gave
His only Son, so that everyone who believes
in him may not perish, but may have eternal
life.'

Jesus died on the Cross for us. Love and
self-giving generosity are at the heart of the
Cross. After all, Jesus came so that we
should have life in all its fullness.

Although the Cross was an instrument of
extreme torture, I hope that on the Holy
Cross Day, it will be a day of comfort and
inspiration for you. If you are going through
one of life's trials, take comfort in the
profound truth that God knows your
suffering and He is there in the midst of the
suffering, even in the most difficult
moments.

Canon Penny

Collect

Almighty God, who in the passion of your blessed Son made an instrument of painful death to be for us the means of life and peace: grant us so to glory in the cross of Christ that we may gladly suffer for his sake; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Reading Numbers 21.4-9

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, 'We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.' So Moses prayed for the people. And the Lord said to Moses, 'Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' So



Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that

person would look at the serpent of bronze and live.

Reading Philippians 2.6-11

Christ Jesus who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death - even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of



Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Gospel John 3.13-17

No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

John 3:16
For God so loved the world, that he gave his only begotten son, that whosoever believeth in him should not perish but have everlasting life.

For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

Post Communion

Faithful God, whose Son bore our sins in his body on the tree and gave us this sacrament to show forth his death until he comes: give us grace to glory in the cross of our Lord Jesus Christ, for he is our salvation, our life and our hope, who reigns as Lord, now and for ever. **Amen**

SERVICES THIS WEEK

Tues 16 Sep	10:30 Said Eucharist	St Barnabas'
Thur 18 Sep	10:30 Healing Eucharist	St Nicholas'
Sat 20 Sep	15:00 Messy Church	St Barnabas'
Sun 21 Sep	8:15 Eucharist (BCP)	St Nicholas'
	10:00 Sung Eucharist	St Barnabas'
	10:00 Sung Eucharist	St Nicholas'
	13:00 Baptism	St Barnabas'
	14:00 Evensong Nutfield Choir	St Nicholas'

Sunday 21 September 2025

Matthew, Apostle and Evangelist

Proverbs 3.13-18

2 Corinthians 4.1-6 Matthew 9.9-13

Festivals this week

Mon 15 Sep	Cyprian, Bishop of Carthage, Martyr 258 (LF)
Tues 16 Sep	Ninian, Bishop of Galloway, Apostle of the Picts c.432 (LF) Edward Bouverie Pusey, Priest, Tractarian 1882 (C)
Wed 17 Sep	Hildegard, Abbess of Bingen, Visionary 1179 (LF)
Fri 19 Sep	Theodore of Tarsus, Archbishop of Canterbury 690 (C)
Sat 20 Sep	John Coleridge Patteson, first Bishop of Melanesia, and his Companions, Martyrs 1871/34 re (LF)

(F) Festival; (LF) Lesser Festival; (C) Commemoration

Toddlers Group meets on Tues 13:00-15:00 and Thurs 9:00-11:00, in St Barnabas' Hall in term time.

Friday Lunches

Friday lunch on **19 September** in The Café at 12:30. Two courses and a drink £7.00. To help with catering please book your place at the Café (café open Wed and Sat) or via the Parish Office, by **Wed 17 September**. Profits for Parish funds.

The lunches are for everyone, why not bring a friend and give us a try. All welcome!

The Hangout

Youth Club at St Barnabas' meets
Every **Friday** at 19:00

Come and see, a song and a prayer, followed by pizza and lollies.

In September Messy Church will be on **Sat 20 Sept** and

Wed 24 Sept; both 15:00-16:30, at St Barnabas'.

This month: The parable of the foolish farmer - appreciating needs v wants.

Everyone welcome - mums, dads, grandparents, carers - come and have fun!



Organ Scholars

We are delighted to announce the appointment of Luke Turvill to the post of "Junior Organ Scholar" at St Nicholas' with immediate effect for the current academic year, singing with, and accompanying the choir.

Ollie Salamon has, as previously announced, taken on the post of "Organ Scholar" from Charlotte Wong.

The **Jumble Sale** at St Barnabas' on 6 September raised £507.52 for St Barnabas' Refurbishment Fund. Thanks to all who helped in any way to make this wonderful sum!

Mothers' Union

Mothers' Union meeting on the 25 September in the Café at 16:00

Speaker: Revd Sarah talking about chaplaincy for the Army Cadets.

Followed by tea & biscuits & Compline.

ALL ARE VERY WELCOME.

Dogs Behaving Very Badly

My name's Sam, and I'm one of the Producers at Avalon UK, a television production company based in London. We're currently trying to find dog owners with grooming-related questions that we can feature in one of our returning series for Channel 5. If selected, then the owners will visit an award-winning groomer alongside our presenter to have their questions answered. The filming is scheduled to take place in Sussex, not far from the Church over the next couple of months.

The series revolves around dog trainer Graeme Hall helping people across the country with any behavioural-related issue. This non-behavioural, grooming focused segment is a new element for the next series and not something we'd done before.

If selected to take part, then there's no fee for the grooming, but people would have to be happy to appear on camera.

Anyone interested in submitting a question can do so by emailing questions@avalonuk.com

An Evening with Rob Parsons

is a chance to journey with Rob through the moments that have shaped his life and are close to his heart; and we're really pleased to be bringing it to **Horsham on 4 November**.

By any standards, Rob has led a pretty interesting life. Sure, he has long list of achievements – he founded Care for the Family over 35 years ago, is now the bestselling author of nearly 30 books and has been awarded an OBE.

But he's also dealt with his fair share of challenges and obstacles along the way.

As a child he was told he would never amount to anything, there was a time when his marriage was on the brink of collapse, and he questioned his true purpose in life. During this event, he'll take an honest look back over the decades and unpack some of how he got where he is today and tap into a wealth of experience to help you on your own journey.

Tickets available on *Eventbrite*.

With the final figures in, we are delighted to announce that the "Entwined in Harmony" **Festival** made a profit of just over £2,500. This is to be split between the Organ Restoration Fund and St Catherine's Hospice.

Parish Prayer Group

Wed 24 Sep 19:00 at St Barnabas'. Please join us at St Barnabas' as we pray for our Parish, its clergy and its outreach.

COPY DEADLINE

The copy deadline for the next Parish Magazine is **TODAY**.

CONTACTS

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