



1 March 2026

Lent 2



Welcome to
St Barnabas' in Pound Hill and
St Nicholas' in Worth.

This sheet details the readings in today's
services as well as notices for everyone.

SERVICES TODAY

Certain services will still be available
online (live or recorded)

08:15 Said Eucharist (BCP) St Nicholas'
Celebrant & Preacher Revd Gordon Parry

10:00 Sung Eucharist St Barnabas'
Celebrant & Preacher Fr Michael Boag

10:00 Sung Eucharist St Nicholas'
Celebrant Revd Gordon Parry
Preacher Deborah Cowie

Please try our QR code to
donate to Worth Par5ry.
Scan this code with a
smartphone to take you
straight to a giving page.



Payments to the Parish

If you possibly can, please transfer the money
by electronic payment to: Parish of Worth
Poundhill & Maidenbower, sort code 40-18-22,
account 61223372.

If you need help, call the Office.

Nicodemus' meeting with Jesus, in this morning's Gospel, captures a deeply human moment of searching and uncertainty. Nicodemus is introduced as a Pharisee and leader of the Jews; someone educated, respected and spiritually serious. Yet despite his status, he comes to Jesus with questions. His opening words acknowledge that Jesus must be from God, pointing to the signs he has performed. There is sincerity in his approach but also caution. Nicodemus seems to stand at the edge of belief, curious but not yet fully committed.

What is particularly revealing is the vulnerability in this encounter. Nicodemus, wise and experienced as he is, does not have all the answers. Jesus challenges him with the idea of being 'born from above', which is a concept that disrupts all his assumptions. Physical birth, ancestry, and close following of the law are not enough; what is required is spiritual rebirth. This invitation shifts the focus from the practice of external religion to an inner and personal transformation.

Nicodemus' confusion is very familiar. Like him, we try to interpret spiritual truths in purely literal or logical ways. Yet Jesus speaks of the Spirit as wind; unseen, unpredictable, powerful. The meeting reminds us that faith is not about mastering information but about openness to change. Nicodemus' journey does not end here, nor does ours: faith can begin with questions, uncertainty, and even hesitation but those first steps toward Jesus are the important ones. For in making them, we begin a relationship that will change us forever.

Fr Michael

Collect

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord. **Amen**

Reading *Genesis 12.1-4a*

Now the Lord said to Abram, 'Go from your country and your kindred and your father's



house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I

will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

So Abram went, as the Lord had told him; and Lot went with him.

Reading *Romans 4.1-5,13-17*

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made

you the father of many nations') - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.



Gospel *John 3.1-17*

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.'



Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.'

Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness,

so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

Post Communion

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord.

Amen

SERVICES THIS WEEK		
Tues 3 Mar	10:30 Healing Eucharist	St Barnabas'
Thur 5 Mar	10:30 Said Eucharist	St Nicholas'
Sat 7 Mar	15:00 Messy Church	St Barnabas'
Sun 8 Mar	8:15 Eucharist (BCP)	St Nicholas'
	10:00 Sung Eucharist	St Barnabas'
	10:00 Sung Eucharist	St Nicholas'
Sunday 8 March 2026 Lent 3 Exodus 17.1-7 Romans 5.1-11 John 4.5-42		

Festivals this week	
Mon 2 Mar	Chad, Bishop of Lichfield, Missionary 672 (LF)
Sat 7 Mar	Perpetua, Felicity and their Companions, Martyrs at Carthage 203 (LF)
(F) Festival; (LF) Lesser Festival; (C) Commemoration	

Toddlers Group meets on Tues 13:00-15:00 and Thurs 9:00-11:00, in St Barnabas' Hall in term time.

The Circle

next meets on **Wed 4 Mar**, 19:00 for 19:30 when Fr Francis Pole will talk about the Amish.
All Welcome!



The Hangout
Youth Club at St Barnabas' meets Every **Friday** at 19:00 during Term

Lent Course

Led by Deborah Cowie, continues **7 Mar** in the Café, starting at 13:00 with soup and bread and ending at 14:30.

Come and see, a song and a prayer, followed by pizza and lollies.



In March Messy Church will be on **Sat 7 Mar** and **Wed 11 Mar**; both 15:00-16:30, at St Barnabas'.
Topic: Forgiveness - Jesus heals the man lowered through the roof.
Everyone welcome - mums, dads, grandparents, carers - come and have fun!

Friday Lunches

The next lunch will be on **13 Mar**. Please book your place for the 13 Mar with the Office or the Café by **Wed 11 Mar**.
We are still in need of some more cooks, so do let us know if you can help out. Thank you

Garden pots

Have lots of garden pots and trays to give away, all sizes and good condition. Contact Gill, 07742 454137

WORLD DAY OF PRAYER
A service for everyone!
Friday 6 March
I will give you rest, come

Nigeria 2026

EVERYONE VERY WELCOME
TO ONE OF OUR SERVICES IN CRAWLEY

10.30 am St John the Baptist
Church Walk RH10 1HH
Followed by refreshments at the Friary Hall RH10 1HR

18.30 Gatwick Seventh Day Adventist
Lowfield Heath RH11 0PQ
(the church by the runway)

For more info contact:
Maja Jasko maja@stjohnsbarnabas.org.uk

INFORMED PRAYER PRAYERFUL ACTION
365 Days a year Prayer movement Ecumenical International Women-led
wwdp.org.uk Registered Charity Number 232342



A Date for your Diary

I have arranged our annual Spring Clean at St Nicholas' on **Sat 21 Mar** 10:00 – 12:30. If you can help, even for a shorter time, I should, of course, be very grateful. Bring your own cleaning tools if you wish. If you could let me know if you are able to help that would be very useful.

jillfreeborn1965@gmail.com

I look forward to seeing you - refreshments will be provided when we have finished - Thank you in advance. Jill Freeborn

CONTACTS

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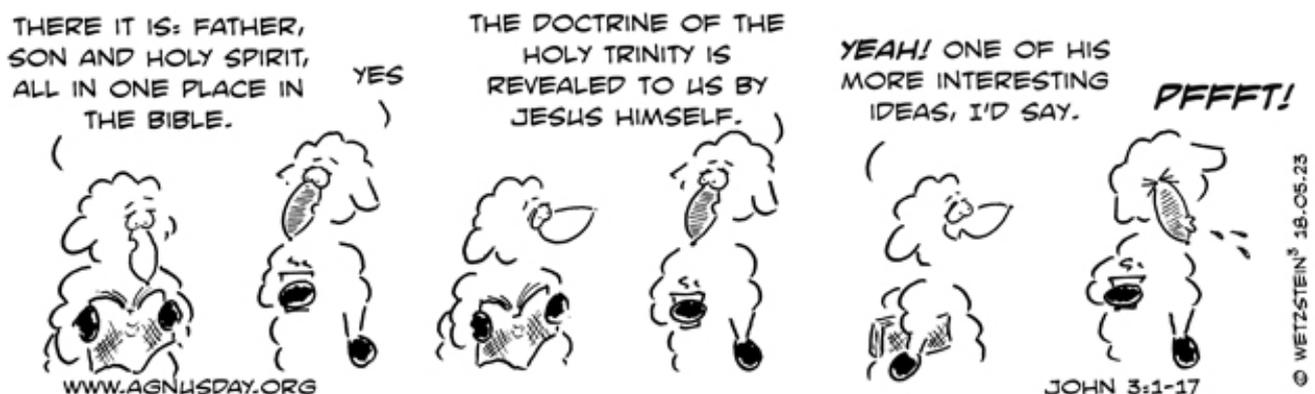
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