



31 May 2026

Trinity Sunday

Welcome to
St Barnabas' in
Pound Hill and St
Nicholas' in Worth.

This sheet details the readings in today's
services as well as notices for everyone.

SERVICES TODAY

Certain services will still be available
online (live or recorded)

08:15 Said Eucharist (BCP) Celebrant & Preacher	St Nicholas' Revd Gordon Parry
10:00 Sung Eucharist Celebrant Preacher	St Barnabas' Revd Sarah Upchurch Revd Gordon Parry
10:00 Sung Eucharist Celebrant Preacher	St Nicholas' Father Michael Boag Seb Pelissier

Please try our QR code to
donate to Worth Parish.
Scan this code with a
smartphone to take you
straight to a giving page.



Payments to the Parish

If you possibly can, please transfer the money
by electronic payment to: Parish of Worth
Poundhill & Maidenbower, sort code 40-18-22,
account 61223372.

If you need help, call the Office.

Father, Son and Spirit. Three words we use constantly. The mystery of the Trinity is not a problem to solve, but a relationship to enter into. Many Christians find explaining the Trinity very challenging, despite regularly using the language of Father, Son, and Holy Spirit in worship and baptism. Rather than offering a neat theological explanation, the Gospel focuses on Jesus' interaction with the disciples. On the mountain, the disciples both worship and doubt at the same time, showing that faith can include uncertainty. Jesus does not wait for perfect understanding before sending them out; instead, he invites them into relationship with God. The Trinity is presented through lived experience rather than doctrine alone. God the Father is described as the source of life and strength beyond us. God the Son is encountered in Jesus, who reveals God through compassion, justice, forgiveness, and humanity. The Holy Spirit is recognised in moments of peace, courage, comfort, and inner prompting. Together, these are not three separate gods, but one God experienced beyond us, with us, and within us.

The message encourages believers not to worry about having complete answers. Faith is about trusting God's presence even amid doubt. Christians are invited to notice God in prayer, scripture, other people, and ordinary life. Ultimately, the Trinity reveals that the heart of God is loving relationship, and everyone is invited to share in that love through simple acts of kindness, patience, and faithful living.

Deborah

Collect

Holy God,
faithful and unchanging:
enlarge our minds with the knowledge of your truth,
and draw us more deeply into the mystery of your love,
that we may truly worship you,
Father, Son and Holy Spirit,
one God, now and for ever.

Amen

Reading Isaiah 40.12-17, 27-end.



Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure, and weighed the mountains

in scales and the hills in a balance. Who has directed the spirit of the Lord, or as his counsellor has instructed him? Whom did he consult for his enlightenment, and who taught him the path of justice? Who taught him knowledge, and showed him the way of understanding? Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust. Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering. All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness.

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait

for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reading 2 Corinthians 13. 11-end

Finally, brothers and sisters, farewell. Put things



in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus

Christ, the love of God, and the communion of* the Holy Spirit be with all of you.

Gospel Matt 28. 16-end

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.

Post Communion

Almighty and eternal God,
you have revealed yourself as Father, Son and Holy Spirit,
and live and reign in the perfect unity of love:
hold us firm in this faith,
that we may know you in all your ways
and evermore rejoice in your eternal glory,
who are three Persons yet one God,
now and for ever.

Amen

NOTICES

St Barnabas' Julian Group

meets on **Mon 8 Jun.** at 14:00 in St Barnabas'. Old and new friends very welcome

Friday Lunches

The next lunch will be on **12 June.** Please book your place for the 12 June with the Office or the Café by **Wed 10 June.**

We are still in need of some more cooks, so do let us know if you can help out (help and advice given).

St Nicholas' Julian Group

meets on Wed 10 Jun at 12:00 for half an hour of silent prayer. Please feel free to join us - everyone welcome

Saturday Market

13 June, 10.00-11.30, at St Barnabas', in aid of St Barnabas' Refurbishment Fund. Come and look for a bargain and enjoy company and refreshments in the Cafe. All welcome

Scrabble and Cake

Wed 24 Jun, St Barnabas' Café, 14:00-16:00. Come and enjoy games, refreshments and company. £4, in aid of St Barnabas' Refurbishment. All welcome.

The Hangout Youth Club

at St Barnabas' meets Every Friday at 19:00 during term time.

Messy Church

Come and see, a song and a prayer, followed by pizza and lollies.



In June Messy Church

will be on **Sun 13 June and Wed 16 Jun** 15:00-16:30, at St Barnabas'.

Theme:

Everyone welcome - mums, dads, grandparents, carers - come and have fun!

Jane Stanford

Will be climbing the roof of the 02 building, on the 10 Jun to help to raise funds for the Mothers Union. She appreciates any donations to help this important organisation. She has a just giving page, just search up her name, or if you prefer she is happy to take your cash! Thank you.

Stephen Mumford

Will be taking part in the London to Brighton bike ride, this father's day, to raise money for the British Heart Foundation. If you would like to donate, please use the QR code below or give cash to Stephen, David or Sarah.



Toddlers Group

meets on Tues 13:00-15:00 and Thurs 9:00-11:00, in St Barnabas' Hall in term time.

SERVICES THIS WEEK

Tues 2 June	10:30 Said Eucharist	St Barnabas'
Thur 4 June	10:30 Eucharist	St Nicholas'
Sun 7 June	8:15 Eucharist (BCP) 10:00 Sung Eucharist 10:00 Sung Eucharist	St Nicholas' St Barnabas' St Nicholas'
<p>Sunday 7 June 2026 First Sunday after Trinity</p> <p>Hosea 5.15-6.6 Romans 4. 13-12 Matt 9.9-13, 18-26</p>		



BAPTISMS, WEDDINGS AND GENERAL ENQUIRIES



worthparish.org



office@worthparish.org



Worth Parish Office
St Barnabas' Church
Worth Road Crawley RH10 7DY



0300 111 8150

CLERGY



Rector
Fr Michael Boag (Tuesday to Sunday)
rector@worthparish.org
01293 882229

Vicar
Revd Sarah Upchurch (Tuesday to Sunday)
vicar@stbarnabasparish.org
01293 524804

Assistant Priest
Fr Francis Pole
francis.pole@virgin.net
07764 752608

Assistant Priest
Revd Gordon Parry
gordon@worthparish.org
07802 432398

Assistant Priest
Revd Canon Penny Foreman
michaelzanny@btinternet.com

CHURCHWARDENS



St Barnabas' Churchwarden
David Anderson
stbwarden@worthparish.org

St Nicholas' Churchwarden
Colin Smith
01293 889894

SOCIAL MEDIA



facebook.com/worthparish



instagram.com/worthparish

Agnus Day appears with the permission of www.agnusday.org

