



**21 Jun 2026**

**Trinity 3**

Welcome to  
St Barnabas' in  
Pound Hill and St  
Nicholas' in Worth.

This sheet details the readings in today's  
services as well as notices for everyone.

## SERVICES TODAY

Certain services will still be available  
online (live or recorded)

08:15 Said Eucharist (BCP)  
Celebrant & Preacher

St Nicholas'  
Revd Gordon Parry

10:00 Sung Eucharist  
Celebrant  
Preacher

St Barnabas'  
Revd Sarah Upchurch  
Revd Francis Pole

10:00 Sung Eucharist  
Celebrant  
Preacher

St Nicholas'  
Father Michael Boag  
Seb Pelissier

Please try our QR code to  
donate to Worth Parish.  
Scan this code with a  
smartphone to take you  
straight to a giving page.



## Payments to the Parish

If you possibly can, please transfer the money  
by electronic payment to: Parish of Worth  
Poundhill & Maidenbower, sort code 40-18-22,  
account 61223372.

If you need help, call the Office.

Today's Gospel passage (Matthew 10 verses 24-39) isn't one of the easiest. The whole of chapter 10 comprises Jesus's instructions to his apostles about their mission, and the various issues they will face, not least opposition in some quarters. In today's reading Jesus teaches his disciples what it means to follow him faithfully. He starts by saying that his disciples should not expect better treatment than he, Jesus, received. If He faced rejection, for example by the Pharisees, his followers, too, must expect opposition. And, guess what? This applies to you and to me when we try to live out our lives as Christians, and want to tell people about what God has done in our lives. What is encouraging is that God really does care about us, even to the extent of knowing that our hairs have been counted (!).

Verse 32 is an encouragement: those who openly acknowledge Jesus before others, even in the face of violent opposition, will be acknowledged by Jesus before God. The truth is that following Jesus can sometimes cause division even within families, because not everyone will necessarily accept the Gospel message. True discipleship requires commitment, sacrifice, and the willingness to put Christ above all else. Those who give their lives to him will find true life.

Summing up, we are taught in today's Gospel reading that following Jesus may bring many challenges and opposition, but believers should trust God regardless, and put Christ first - because God values and cares for them.

*Fr Francis*

## Collect

God our saviour,  
look on this wounded world  
in pity and in power;  
hold us fast to your promises of peace  
won for us by your Son,  
our Saviour Jesus Christ.

**Amen**

**Reading** Jeremiah 20:7-13



O Lord, you have enticed me, and I was enticed;  
you have overpowered me, and you have prevailed. I have become a laughing-stock all day long; everyone mocks me. For whenever I speak, I

must cry out, I must shout, 'Violence and destruction!' For the word of the Lord has become for me a reproach and derision all day long. If I say, 'I will not mention him, or speak any more in his name', then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: 'Terror is all around! Denounce him! Let us denounce him!' All my close friends are watching for me to stumble. 'Perhaps he can be enticed, and we can prevail against him, and take our revenge on him.' But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten. O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

**Reading** Romans 6:1b-11

What then are we to say? Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried

with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

**Gospel** Matt 10: 24-39

'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those



of his household! 'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. 'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven. 'Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother,

and a daughter-in-law against her mother-in-law; and one's foes will be members of one's own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.

### **Post Communion**

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour.

**Amen**

## **NOTICES**

### **Thursday 23 July - 5:30pm at Chichester Cathedral**

The choir of St Nicholas' have been invited to sing evensong on **Thursday 23 July**. We will be joined by several of the choir of St. Alban's. Gossops Green, who sang with us at the Nine Lessons and Carols last December. We hope that many people from the congregations of St. Nicholas', St. Alban's and St. Barnabas' will be able to come and listen. Ollie Salamon, St.

Nicholas organ scholar, will be playing.

Arranging to share a car journey works out substantially cheaper, and better for the environment, than travelling alone, so please bring friends. We will be singing an anthem by Rutter, canticles by Noble, versicles by Radcliffe, and Psalm chants by Parry and Eric Spencer, the former Director of Music at St. Nicholas in the late 1960s and early 1970s.

### **Parish Spring Fair**

Thanks to all who supported the Parish Spring fair on **30 May**. Thankfully the sun shone for us and it was a lovely day, raising £1376 for Parish funds - a splendid effort. As always, this is not possible without your continued support. Team work makes the dream work! Jane

### **O2climb**

I would like to say a huge thank you to all who supported me by donating to my recent challenge, climbing the roof of the O2, raising funds for Mothers Union. I had a fabulous day and have raised £735 + gift aid so far. Thank you all again.

Jane

### **Scrabble and Cake**

**Wednesday 24 June**, St Barnabas' Café, 14:00- 16:00. Come and enjoy games, refreshments and company. £4, in aid of St Barnabas' Refurbishment. All welcome.

### **Parish Prayer Group**

Meets on **Wednesday 24 June at 19:00 at St Barnabas'**. Join us to pray for our Parish, our clergy, our outreach and the congregations.

### **A gentle Service of Light**

at St Nicholas takes place at **1700** on the last Saturday of each month. This month's service will be on **Saturday 27 June**. This quiet gathering offers space for anyone navigating grief, stress, change, or simply the weight of life. Through stillness, candle-lighting, and moments of reflection, the service creates a calm, supportive environment to pause, breathe, and find renewed hope. Open to all, whatever your background or beliefs.

### **Friday Lunches**

The next lunch will be on **10 July**. Please book your place for the 10 July with the Office or the Café by **Wednesday 8 July**.

We are still in need of some more cooks, so do let us know if you can help out (help and advice given).

SERVICES THIS WEEK		
Tues 23 June	10:30 Said Eucharist	St Barnabas'
Thur 25 June	10:30 Eucharist	St Nicholas'
Sat 27 June	17:00 Service of Light	St Nicholas'
Sun 28 June	8:15 Eucharist (BCP)	St Nicholas'
	10:00 Sung Eucharist	St Barnabas'
	10:00 Sung Eucharist	St Nicholas'
	12:00 Baptism	St Nicholas'
<p align="center"><b>Sunday 28 June 2026</b>  <b>Festival of Peter and Paul, Apostles</b>  Zech. 4.1-6a, 10b-end Acts 12.1-11  Matt 16. 13-19</p>		

**The Hangout Youth Club**

at St Barnabas' meets Every Friday at 19:00 during term time.

**Toddlers Group**

meets on Tues 13:00-15:00 and Thurs 9:00-11:00, in St Barnabas' Hall in term time.

**BAPTISMS, WEDDINGS AND GENERAL ENQUIRIES**



worthparish.org



office@worthparish.org



Worth Parish Office  
St Barnabas' Church  
Worth Road Crawley RH10 7DY



0300 111 8150

**CLERGY**



Rector  
Fr Michael Boag (Tuesday to Sunday)  
rectoreworthparish.org  
01293 882229

Vicar  
Revd Sarah Upchurch (Tuesday to Sunday)  
vicarstbworthparish.org  
01293 524804

Assistant Priest  
Fr Francis Pole  
francis.pole@virgin.net  
07764 752608

Assistant Priest  
Revd Gordon Parry  
gordoneworthparish.org  
07802 432398

Assistant Priest  
Revd Canon Penny Foreman  
michaelzanny@btinternet.com

**CHURCHWARDENS**



St Barnabas' Churchwarden  
David Anderson  
stbwardeneworthparish.org

St Nicholas' Churchwarden  
Colin Smith  
01293 889894

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"TAKE UP THE CROSS?"  
DOES JESUS REALLY THINK  
HE'S GOING TO GET  
FOLLOWERS LIKE THAT?  
NOBODY WANTS THAT KIND OF  
TREATMENT!



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IT IS WHAT GOD  
DOES FOR US.  
IT IS WHO GOD  
IS FOR US!



AND THAT'S SUPPOSED  
TO MAKE ME WANT TO  
LIKE IT?!



MATTHEW 10:24-39



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