



WORTH PARISH

ancient and present in Crawley

Registered Charity no. 1131090

12 July 2026

Trinity 6

Welcome to
St Barnabas' in
Pound Hill and St
Nicholas' in Worth.

This sheet details the readings in today's
services as well as notices for everyone.

SERVICES TODAY

Certain services will still be available
online (live or recorded)

08:15 Said Eucharist (BCP) Celebrant Preacher	St Nicholas' Revd Gordon Parry Seb Pelissier
10:00 Sung Eucharist Celebrant & Preacher	St Barnabas' Revd Sarah Upchurch
10:00 Sung Eucharist Celebrant & Preacher	St Nicholas' Revd Gordon Parry

Please try our QR code to
donate to Worth Parish.
Scan this code with a
smartphone to take you
straight to a giving page.



Payments to the Parish

If you possibly can, please transfer the money
by electronic payment to: Parish of Worth
Poundhill & Maidenbower, sort code 40-18-22,
account 61223372.

If you need help, call the Office.

In our Gospel reading we read of Christ using a metaphor about the sowing of seed that was based on the everyday experience of many of his rural listeners. The successful growth of plants remains, along with animal husbandry, an absolutely vital activity for human wellbeing. Yet, Christ was trying to illustrate from common experience a truth about spiritual welfare and growth that is no less important to human flourishing. Spiritual wellbeing can easily be compromised by the many pressures in our lives such as alternative 'truths' peddled on social media, pressures of fame, reward and material success that can so easily become obsessive as well as a lack of social resilience to stand against superficially glamorous and captivating alternatives.

It is interesting that young children are often calmed by opportunities to be in the more natural environment of the 'green' outdoors, gardens, woodland and stretches of still and running water. They like visiting farms.

It is also true that, very often, young children have a more acute sense of reality because they have not yet learned to defend themselves with prejudice - perceptions of reality which are distorted by what they want to find and believe. The story of the emperor's new clothes is a lovely way of understanding the distorted perceptions of adults. Christ is trying to ensure that the significance of his words are not obliterated by other influences upon us. Those who have a wholehearted trust in Christ will receive insight into the mercy and grace of God – a God who will acknowledge their trust in him by giving them the confidence to bring all their frailties and concerns to his Son, knowing that, through the gentle humility that lies within him, human concerns can be lightened by his love

Gordon

Collect

Creator God, you made us all in your image: may we discern you in all that we see, and serve you in all that we do; through Jesus Christ our Lord. **Amen**

Reading Isaiah 55.10-13

For as the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it. For you shall go out in joy, and be led



back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their

hands. Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall be to the Lord for a memorial, for an everlasting sign that shall not be cut off.

Reading Romans 8.1-11

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit

to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Gospel Matthew 13.1-9, 18-23

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd



stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!'

'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears

the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

Post Communion

God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord.

Amen

NOTICES

St Barnabas' Julian Group

meets on **Monday 13 July . at 14:00** in St Barnabas'. Old and new friends very welcome

Friday Lunches

The next lunch will be on **14 August**. Please book your place for the 14 August with the Office or the Café by **Wednesday 12 August**. We are still in need of some more cooks, so do let us know if you can help out (help and advice given).

Messy Church

Come and see, a song and a prayer, followed by pizza and lollies. In July Messy Church will be on **Wednesday 15 July and Saturday 18 July 15:00-16:30**, at St Barnabas'.

Theme: The "I am sayings - New Testament Stories/Parables. Everyone welcome - mums, dads, grandparents, carers - come and have fun!



Mothers' Union Afternoon Tea at St Barnabas' Café.

Wednesday 22 July 3.00 - 4.00pm. Tickets on sale now £12 per head. Plus extra for the Raffle

on the day. Contact Mary Fry 01293 410383 or Joan Tick 01293 884695.

In aid of Away From It All Holidays.

Festival Choir rehearsals

The Festival Choir is a non-auditioning choir that rehearses for one hour, at 4pm, every Sunday afternoon in July and August.

The concert is on **Sunday 6 September**.

This year we're performing the Haydn "Nelson" mass. All welcome. No need to book. Music provided. No fee to sing.

Magazine copy date

Today.

Thursday 23 July - 5:30pm at Chichester Cathedral

The choir of St Nicholas' have been invited to sing evensong on **Thursday 23 July**. We will be joined by several of the choir of St. Alban's. Gossops Green, who sang with us at the Nine Lessons and Carols last December. We hope that many people from the congregations of St. Nicholas', St. Alban's and St. Barnabas' will be able to come and listen. Ollie Salamon, St. Nicholas organ scholar, will be playing. Arranging to share a car journey works out substantially cheaper, and better for the environment, than travelling alone, so please bring friends. We will be singing an anthem by Rutter, canticles by Noble, versicles by Radcliffe, and Psalm chants by Parry and Eric Spencer, the former Director of Music at St. Nicholas in the late 1960s and early 1970s.

A gentle Service of Light

at St Nicholas takes place at 1700 on the last Saturday of each month. This month's service will be on Saturday 25 July. This quiet gathering offers space for anyone navigating grief, stress, change, or simply the weight of life. Through stillness, candle-lighting, and moments of reflection, the service creates a calm, supportive environment to pause, breathe, and find renewed hope. Open to all, whatever your background or beliefs.

SERVICES THIS WEEK

Tues 14 July	10:30 Said Eucharist	St Barnabas'
Thur 16 July	10:30 Healing Eucharist	St Nicholas'
Sat 18 July	13:30 Baptism	St Barnabas'
Sun 19 July	8:15 Eucharist (BCP)	St Nicholas'
	10:00 Sung Eucharist	St Barnabas'
	10:00 Sung Eucharist	St Nicholas'

Sunday 19 July 2026

Trinity 7

Isaiah 44.6-8 Romans 8.12-25
Matthew 13.24-30, 36-43

The Hangout Youth Club

at St Barnabas' meets Every Friday at 19:00 during term time.

Toddlers Group

meets on Tues 13:00-15:00 and Thurs 9:00-11:00, in St Barnabas' Hall in term time now on holiday until September

BAPTISMS, WEDDINGS AND GENERAL ENQUIRIES



worthparish.org



office@worthparish.org



Worth Parish Office
St Barnabas' Church
Worth Road Crawley RH10 7DY



0300 111 8150

CLERGY



Rector
Fr Michael Boag (Tuesday to Sunday)
rectoreworthparish.org
01293 882229

Vicar
Revd Sarah Upchurch (Tuesday to Sunday)
vicarstbworthparish.org
01293 524804

Assistant Priest
Fr Francis Pole
francis.pole@virgin.net
07764 752608

Assistant Priest
Revd Gordon Parry
gordon@worthparish.org
07802 432398

Assistant Priest
Revd Canon Penny Foreman
michaelzanny@btinternet.com

CHURCHWARDENS



St Barnabas' Churchwarden
David Anderson
stbwarden@worthparish.org

St Nicholas' Churchwarden
Colin Smith
01293 889894

SOCIAL MEDIA



facebook.com/worthparish



instagram.com/worthparish

Agnus Day appears with the permission of www.agnusday.org

SO, YOU'RE SAYING THAT
THE CARELESSNESS OF
THE SOWER IS A SIGN OF
GOD'S EXTRAVAGANT
GRACE?

YES.

THE GOSPEL IS FOR *EVERYONE* TO
HEAR! GOD DOESN'T *DISCRIMINATE*
NOR DO THE *PEOPLE OF GOD!*

THAT'S NOT TRUE. I ONLY SHARE
THE GOSPEL WITH A *VERY*
NARROW DEMOGRAPHIC, THE
PEOPLE WHO I TALK TO
AT CHURCH.



WWW.AGNUSDAY.ORG



MATTHEW 13:1-9, 18-23